

Supplementary Text

Study Title: An Exploration of Current Endometriosis Practices

Questions for General Practitioners

1. How do you currently clinically diagnose endometriosis?
2. How long do you think you take to clinically diagnose endometriosis, based on your experience?
3. How do you currently clinically diagnose chronic pelvic pain?
4. Once a surgical diagnosis has been confirmed, how do you manage the endometriosis patient?

5.

- (a) Do you think patients with endometriosis would benefit from a more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

- (b) If your answer is No, please explain

6.

- (a) Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

- (b) If your answer is No, please explain

7.

- (a) Do you refer your patients to mental health care teams if they persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

- (b) If your answer is No, please explain how you manage these patients

8. How do you record any secondary conditions (which could include- endometriosis within the patient's records? Please explain in the free text box.

9.

- (a) Have you seen endometriosis patients in your practice over the last 24 months?

1. Yes or no

- (b) Have you seen endometriosis patients with a traumatic experience?

2. Yes or No

- (c) Did these patients require a PTSD diagnosis?

3. Yes or No

- (d) How many patients do you see with a traumatic experience? Free text box

10. How do you currently manage patients with endometriosis that report chronic pelvic pain prior to surgery? Please explain in the free text box

11. How do you currently manage patients with endometriosis that report chronic pelvic pain after excision surgery has been completed? Please explain in the free text box

12. How satisfied are you with the type of support your Practice provides for patients with endometriosis?

4. Very dissatisfied (1)

5. Dissatisfied (2)

6. Neutral/ not sure (3)

7. Satisfied (4)

8. Very satisfied (5)

13. Would you like to say any other details that haven't been covered in the above questions?

Questions for Psychiatrists/Mental Health staff

1.

- (a) Do you know what Endometriosis is?

- (b) and are you comfortable with your level of clinical knowledge around it?

Yes or No

2. Have you treated any patients with depression that have Endometriosis in your services?

Yes or No

3.

(a) Have you treated (or currently see) any patients with depression or anxiety disorders that have Endometriosis with a clinical diagnosis?

Yes or No

(b) Have you treated (or currently see) any patients with depression or anxiety disorders that have Endometriosis with a surgical diagnosis?

Yes or No

(c) Have you treated (or currently see) any patients with depression or anxiety disorders that have Endometriosis and Chronic Pelvic Pain?

Yes or No

4.

(a) Have you treated (or currently see) any patients with any other mental health conditions that have Endometriosis?

Yes or No

(b) If yes, how many?

If yes, select all that apply

- ☐ Schizophrenia (1)
- ☐ Anorexia (2)
- ☐ Depression (3)
- ☐ Social Phobia (4)
- ☐ Obsessive Compulsive disorder (5)
- ☐ Alcohol/drug problems (6)
- ☐ Personality disorder (7)
- ☐ Panic Attacks (8)
- ☐ Psychosis (9)
- ☐ Bulimia (10)
- ☐ Attention deficit disorder (11)
- ☐ Posttraumatic stress disorder (12)
- ☐ Bi-Polar disorder (13)

Other (please specify) (14)

5. If you have seen endometriosis patients as part of your clinic, do you treat any patients that have directly discussed their mental wellbeing along with endometriosis?

Yes or No

6. How would you support your patient presenting with mental health condition along with endometriosis?

Advise they see GP

Sign-post to pain clinic services

Refer to endometriosis services

Offer psychological input

Discuss with MDT for support

Other – free text

7. How do you record any secondary conditions (which could include- endometriosis within the patient's records?

(a) Have you seen endometriosis patients in your practice over the last 24 months?

Yes or no

(b) Have you seen endometriosis patients with a traumatic experience?

Yes or No

(c) Did these patients require a PTSD diagnosis?

Yes or No

(d) How many patients do you see with a traumatic experience? Free text box

8. Do you think patients with endometriosis would benefit from having a dedicated clinical care pathway to best obtain support for their condition?

9. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

10. If you feel patients would benefit from a dedicated mental health services, what would you propose?

11. How satisfied are you with the type of support your Practice provides for patients with endometriosis?

- ☐ Very dissatisfied (1)
- ☐ Dissatisfied (2)
- ☐ Neutral/ not sure (3)
- ☐ Satisfied (4)
- ☐ Very satisfied (5)

12. Would you like to say any other details that haven't been covered in the above questions?

Questions for Gynaecologists

1. Do you think patients with endometriosis would benefit from a more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

2. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

3. Do you refer your patients to mental health care or the liaison psychiatry team if the patients persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

4. How do you record any secondary conditions (which could include- endometriosis within the patient's records)?

Yes or No

5. If you have seen endometriosis patients, have they reported any associated traumatic experience?

Yes or No

6. How do you currently manage patients with endometriosis that report chronic pelvic pain prior to surgery?

Yes or No

7. How do you currently manage patients with endometriosis that report chronic pelvic pain after excision surgery has been completed?

8. How satisfied are you with the type of support your service provides for patients with endometriosis?

- Very dissatisfied (1)
- Dissatisfied (2)
- Neutral/ not sure (3)
- Satisfied (4)
- Very satisfied (5)

9. Would you like to say any other details that haven't been covered in the above questions?

Yes or No

2. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

3. Do you refer your patients to mental health care or the liaison psychiatry team if the patients persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

4. How do you record any secondary conditions (which could include- endometriosis within the patient's records)?

Yes or No

5. If you have seen endometriosis patients, have they reported any associated traumatic experience?

Yes or No

6. How do you currently manage patients with endometriosis that report chronic pelvic pain prior to surgery?

Yes or No

7. How do you currently manage patients with endometriosis that report chronic pelvic pain after excision surgery has been completed?

8. How satisfied are you with the type of support your service provides for patients with endometriosis?

- Very dissatisfied (1)
- Dissatisfied (2)
- Neutral/ not sure (3)
- Satisfied (4)
- Very satisfied (5)

9. Would you like to say any other details that haven't been covered in the above questions?

Questions for Colorectal surgeons/Urologists

1. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

2. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

Questions for Gynaecology Surgeons

1. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

3. Do you refer your patients to mental health care or the liaison psychiatry team if the patients persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

4. How do you record any secondary conditions (which could include- endometriosis within the patient's records)?

Yes or No

5. If you have seen endometriosis patients, have they reported any associated traumatic experience?

Yes or No

6. How do you currently manage patients with endometriosis that report chronic pelvic pain prior to surgery?

Yes or No

7. How do you currently manage patients with endometriosis that report chronic pelvic pain after excision surgery has been completed?

8. How satisfied are you with the type of support your service provides for patients with endometriosis?

- Very dissatisfied (1)
- Dissatisfied (2)
- Neutral/ not sure (3)
- Satisfied (4)
- Very satisfied (5)

9. Would you like to say any other details that haven't been covered in the above questions?

Questions for Pain Physicians

1. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

2. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

3. Do you refer your patients to mental health care or the liaison psychiatry team if the patients persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

4. How do you manage pain for women with chronic pelvic pain post-excision surgery?

Yes or No

5. If you have seen endometriosis patients, have they reported any associated traumatic experience?

Yes or No

6. How do you manage chronic pelvic pain prior to any surgery?

Yes or No

7. How satisfied are you with the type of support your service provides for patients with endometriosis?

- Very dissatisfied (1)
- Dissatisfied (2)
- Neutral/ not sure (3)
- Satisfied (4)
- Very satisfied (5)

8. Would you like to say any other details that haven't been covered in the above questions?

Questions for Obstetricians

1. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

2. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

3. Do you refer your patients to mental health care or the liaison psychiatry team if the patients persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

4. How do you record any secondary conditions (which could include- endometriosis within the patient's records)?

Yes or No

5. If the patient has had an endometriosis diagnosis prior to her pregnancy, do you manage the patient any differently?

Yes or No

6. In your experience, how many women require a c-section due endometriosis related complication?

Yes or No

7. In your experience, how many women have miscarriages

that could be due to endometriosis related complications?

8. How satisfied are you with the type of support your service provides for patients with endometriosis?

- ☐ Very dissatisfied (1)
- ☐ Dissatisfied (2)
- ☐ Neutral/ not sure (3)
- ☐ Satisfied (4)
- ☐ Very satisfied (5)

9. Would you like to say any other details that haven't been covered in the above questions?

Questions for Gynaecologists: Reproductive Medicine

1. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

2. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

3. Do you refer your patients to mental health care or the liaison psychiatry team if the patients persistently demonstrate depressive or anxiety symptoms for an appropriate clinical review?

Yes or No

4. How do you currently support infertility issues for patients with endometriosis?

5. What do you think are the fundamental components of an IVF protocol for endometriosis patients?

6. In your experience, how many endometriosis women are successful with IVF?

Yes or No

7. How satisfied are you with the type of support your service provides for patients with endometriosis?

- ☐ Very dissatisfied (1)
- ☐ Dissatisfied (2)
- ☐ Neutral/ not sure (3)
- ☐ Satisfied (4)
- ☐ Very satisfied (5)

8. Would you like to say any other details that haven't been covered in the above questions?

Questions for Neurologists

1. Do you know what Endometriosis is and are you comfortable with your level of clinical knowledge around it?

Yes or No

2. Do you treat any patients with depression that have Endometriosis?

Yes or No

3. Do you treat any patient with anxiety that have Endometriosis?

Yes or No

4. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

5. Do you think it would be useful to conduct neurology research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

6. How satisfied are you with the type of support your service provides for patients with endometriosis?

- ☐ Very dissatisfied (1)
- ☐ Dissatisfied (2)
- ☐ Neutral/ not sure (3)
- ☐ Satisfied (4)
- ☐ Very satisfied (5)

7. Would you like to say any other details that haven't been covered in the above questions?

Questions for Radiologists

1. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

2. Do you think it would be useful to conduct radiology research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

3. How satisfied are you with the type of support your service provides for patients with endometriosis?

- ☐ Very dissatisfied (1)

- Dissatisfied (2)
- Neutral/ not sure (3)
- Satisfied (4)
- Very satisfied (5)

4. Would you like to say any other details that haven't been covered in the above questions?

Questions for Nurses

1. Do you know what Endometriosis is and are you comfortable with your level of clinical knowledge around it?

Yes or No

2. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

3. If you have seen endometriosis patients, have they reported any associated traumatic experience?

Yes or No

4. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

5. How satisfied are you with the type of support your service provides for patients with endometriosis?

- Very dissatisfied (1)
- Dissatisfied (2)
- Neutral/ not sure (3)
- Satisfied (4)
- Very satisfied (5)

6. Would you like to say any other details that haven't been covered in the above questions?

Questions for Academic Scientists

1. Do you know what Endometriosis is and are you comfortable with your level of clinical knowledge around it?

Yes or No

2. Do you think patients with endometriosis would benefit

from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

3. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

4. Would you like to say any other details that haven't been covered in the above questions?

Questions for Researchers

1. Do you know what Endometriosis is and are you comfortable with your level of clinical knowledge around it?

Yes or No

2. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

3. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

4. Would you like to say any other details that haven't been covered in the above questions?

Questions for 'Other' Staff

1. Do you know what Endometriosis is and are you comfortable with your level of clinical knowledge around it?

Yes or No

2. Do you think patients with endometriosis would benefit from more comprehensive pathway that could be universally implemented across primary, secondary and tertiary care?

Yes or No

3. Do you think it would be useful to conduct mental health-based research for endometriosis women so that better clinical and/or non-clinical interventions can be developed?

Yes or No

Would you like to say any other details that haven't been covered in the above questions?

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