

Isolation, Phenotypic Characterization and Public Health Implications of *Listeria Monocytogenes* Circulating in Smallholder Dairy Farms of Kombolcha Town and Kutaber District, Amhara Regional State, Ethiopia

Wubshet listeria*

Wollo zone animal resource development office, Ethiopia

*Corresponding author: Wubshet listeria, Wollo zone animal resource development office, Dessie, Ethiopia

ARTICLE INFO

Received: 📅 November 18, 2024

Published: 📅 November 29, 2024

Citation: Wubshet listeria. Isolation, Phenotypic Characterization and Public Health Implications of *Listeria Monocytogenes* Circulating in Smallholder Dairy Farms of Kombolcha Town and Kutaber District, Amhara Regional State, Ethiopia. Biomed J Sci & Tech Res 59(4)-2024. BJSTR.MS.ID.009339.

ABSTRACT

Background: *Listeria monocytogenes* is a bacterium of veterinary and public health importance, worldwide. The pathogen is among the major causes of abortion in dairy cattle. Listeriosis in humans is the main food-borne zoonotic illness resulted from consuming dairy and other food products contaminated with mainly *Listeria monocytogenes*. A cross-sectional study was conducted from November 2020 to May 2021 to isolate *Listeria monocytogenes* from raw bovine milk samples, to determine the Antibiogram of isolates and to understand its public health implication in smallholder dairy farms. *Listeria* species isolation was performed, according to standard bacteriological procedures, using Buffered *Listeria* Enrichment broth (BLEB) and Polymyxin Acriflavine Lithium-chloride Ceftazidime Aesculin Mannitol (PALCAM) agar and for confirmation and species identification: carbohydrates utilization tests using xylose, mannitol and rhamnose sugars, hemolysis test using blood agar, Christie Atkins Munch Peterson (CAMP) test and Listeriolysin O latex agglutination test was carried out. The antimicrobial susceptibility test using 9 commonly used antimicrobial drugs against 15 *Listeria monocytogenes* isolates, and a questionnaire survey were also conducted.

Results: From the total of 384 samples the overall prevalence of *Listeria* species was 12.8% (49/384) and specifically for *Listeria monocytogenes* was 4% (15/384). In this study, listeriosis is significantly associated with farm management systems and herd size (p-value< 0.05). Based on the antimicrobial susceptibility test, it was found that *Listeria monocytogenes* was sensitive to most drugs except Sulfamethoxazole and nalidixic acid which in both showed 100% resistance. 13.3% of *L. monocytogenes* isolates were also resistant to oxytetracycline, tetracycline, procaine penicillin G and cloxacillin.

Conclusion: This presence of *Listeria monocytogenes* in raw milk and its multi-drug resistance pattern is an indication of a serious public health risk. Therefore, creating awareness to the farmers, and dairy product consumers, implementation of milk safety hygienic practices, implementation of countrywide surveillance and further research to estimate its prevalence both in animals and humans is strongly recommended.

Keywords: Antibiotic Susceptibility; Dairy; *Listeria Monocytogenes*; South Wollo

Abbreviations: BLEB: Buffered *Listeria* Enrichment Broth; PALCAM: Polymyxin Acriflavine Lithium-Chloride Ceftazidime Aesculin Mannitol; CAMP: Christie Atkins Munch Peterson; DOA: District Office of Agriculture

Introduction

Listeria species are ubiquitous and they have unique characteristics that permit growth at a freezing temperature which is usually not possible for most food-borne microorganisms (Rocourt, et al. [1]). *Listeria* can also resist a pH between 4 and 9.6 [1]. Among the species, *L. monocytogene* is an important cause of human and animal listeriosis. Listeriosis is the main food-borne zoonotic illness because 99% of human infections are resulted from eating food products contaminated with mainly *L. monocytogenes* [2]. It is a Gram-positive, rod-shaped, motile, and non-spore-forming bacterium [3] and is primarily known as a veterinary pathogen, which causes basilar meningitis (circling disease) and abortion in sheep and cattle [4]. Outbreak and sporadic cases of human listeriosis have been associated with contamination of food items like milk, meat, and their products [5] *Listeria* could ingest with poorly fermented silage which is not acidic enough to kill the bacteria. It also has been ingested through the soil on the grass and placenta from the infected cow. This organism can also vertically transmit from mother to fetus via the placenta and through the infected birth canal [6,7]. In the USA *L. monocytogenes* infections are associated with a 94% infection rate and a 15.9% mortality rate [8] The mortality rate ranges from 30% to 75% mainly in high-risk groups such as pregnant women, unborn or newly born infants, elderly people, persons with disease conditions like HIV AIDS, and immunocompromised persons were recorded [6,7] Listeriosis is one of the important emerging bacterial zoonotic diseases worldwide [9].

Unlike infection with other common foodborne microorganisms, it is associated with the highest case of fatality rate [10]. However, for reasons related to lack of awareness of its incidence and lack of detection facilities and inadequate resources together with giving more priorities to other epidemics than listeriosis, its public health significance is not well understood in developing countries including Ethiopia [11]. Raw milk and milk product consumption are very common in Ethiopia, exposing the public to zoonotic infections including *Listeria* [12,13]. Few researchers had isolated *L. monocytogene* from raw milk and dairy products from the central highlands of Ethiopia [14,15] and regarding human listeriosis, only one study done in Tigray reported 8.5% of *L. monocytogenes* Prevalence (12/141) among pregnant women [16]. The majority of the studies in Ethiopia were conducted with microbiological culture assays by taking samples from retail shops in peri-urban and urban areas, therefore being represented only a small fraction of approximately 2% of milk produced in the country [17]. However, with the prevailing informal milk markets, poor hygiene practices and underdeveloped veterinary services, high infection and illness are expected to be prevalent in Ethiopia. The present study is therefore conducted to produce evidence for a better understanding of the epidemiology and public health risk of *L. monocytogenes* pertinent to smallholder dairy farms in the Kombolcha town and Kutaber district of South Wollo zone. Therefore, the present study was undertaken to isolate *L. monocytogenes* from raw bovine milk sam-

ples, to estimate the prevalence of *L. monocytogenes* in small-holder dairy farms, to investigate the susceptibility of isolates to commonly used antimicrobials and to determine public health implications of *L. monocytogenes* in dairy farmers and the surrounding community who consumes raw milk and other dairy products.

Methods

Study Area and Study Period

The study was conducted from November 2020 to May 2021 at Kombolcha town and Kutaber District of South Wollo zone, Amhara regional state of Ethiopia. Kombolcha town and Kutaber district are the major milk-producing areas in the South Wollo Zone. Kombolcha is located 380 km northeast of Addis Ababa. The town has 12 Kebeles with a total population of 143,637, of whom 71,103 were men and 72,534 women. Kombolcha is found at the latitude of 11.083° N and a longitude of 39.733°E with an elevation ranging from 1,842 and 1,915 meters above sea level. It has an annual rainfall ranging from 500 - 900 ml of which 84% is in the long rainy season (June to September) and the dry season extends from October to February. The annual temperature is ranging from 21°C to 36°C. According to the District Office of Agriculture (DOA) report, the district has a total area of 78.6 km². About 33.6% of the area is under crop production, and 1.47% is serving as grazing land [18]. Based on the South Wollo zone animal resource development office data, the total cow population in Kombolcha is 9968, and the number of dairy farms that are holding from 3 up to 15 cows is 521.

According to the zone's report, moderate and large-scale dairy farms in the Kombolcha town are reached 165 [19]. Kutaber is also located in the South Wollo zone. The district is found at 39.031°12" -39.034°12" E longitude and 11.012°36" -11.018°36" N latitude and poses highland and lowland areas. The average rainfall ranges from 500 to 955ml in the short and long rainy seasons. The area's annual temperature is 22 °C on average [20]. The main job of the population of the wereda is mixed crop-livestock agriculture. The main livestock reared in the area are cattle, sheep, goats, and equine [21]. The district has one of the main milk suppliers for Dessie city. Similarly, according to the zone's report, the district has a livestock population of 74,910 and a cow population of 29674, and the number of large-scale dairy farms is reported as 5 [19].

Study Design and Sampling

A cross-sectional study design was used to collect raw bovine milk samples from randomly selected smallholder dairy farms in Kombolcha town and Kutaber district and to undertake laboratory work from November 2020 to May 2021 with objectives of determining the prevalence of *L. monocytogenes*, antimicrobial susceptibility test of isolates and to understand its public health implications. Dairy farms holding from 3-15 cows were selected for this study. All twelve kebeles from Kombolcha town were included. On the other hand,

eight kebeles out of twenty-two kebeles of the Kutaber district were selected based on the accessibility of roads and the number of dairy farms. Since there was no previous study in the area, according to Thrusfield [22], by taking 50% expected prevalence with 95% confidence interval and 5% absolute precision. The sample size was calculated as a total of 384 samples. According to Jorgensen 30 ml of raw milk [23] was collected aseptically from milk collection containers of dairy producers and labeled with essential information such as the date of sampling, sample code, and sample source. Finally, all samples then immediately transported using an icebox filled with ice to the AAU CVMA microbiology laboratory and enriched with previously prepared BLEB immediately upon arrival.

Isolation and Identification of *Listeria* Species

According to a suggestion by U.S. Food and drug administration [24], 25 ml of raw milk samples were added to a plastic bag containing 225 ml of Buffered *Listeria* Enrichment Broth (BLEB) (Oxoid, Basingstoke, Hampshire, England). The mixture was then mixed using a laboratory stomacher at maximum speed for 2 minutes. After 4 hours of incubation at 30 °C, *Listeria* selective enrichment supplement SR0141 (Oxoid, Basingstoke, Hampshire, England) was aseptically added and the incubation step continued for up to 48 hours at 30°C. Loopful of inoculum from turbidly grew colonies in buffered *Listeria* enrichment broth was taken and streaked into pre-dried sterile plates of PALCAM agar (HIMedia Laboratories Pvt. Ltd. Mumbai-400086, India) prepared after aseptically adding sterile *Listeria* Selective Supplement FD061 (HIMedia Laboratories Pvt. Ltd. Mumbai-400086, India) and incubated at 37 °C for 24-48 hours. Typical colonies of grey-green with a black sunken center and a black halo were isolated as typical for *Listeria*. Selected colonies were further confirmed by Latex agglutination and biochemical tests to confirm as *Listeria* species, *Listeria* suspected colonies from PALCAM agar were taken and identified using latex agglutination test with Oxoid *Listeria* test kit (Oxoid, Basingstoke, Hampshire, England). The kit contained; *Listeria* latex reagent, *Listeria* positive control antigen 0.5ml, 0.85% isotonic saline, preserved with 0.09% sodium azide, and Disposable reaction cards.

LLOLAT was done on clear reaction cards. A drop of saline within one circle on the reaction card was added, a loopful of the suspected bacterial colony was mixed with saline on the reaction card using a sterile mixing stick and then one drop of *Listeria* latex reagent was added, mixed gently using a clean sterilized stick. Finally, agglutination was examined within a maximum of 2 minutes for a positive reaction. Positive colonies were characterized by using Gram's staining, hemolysis, motility, carbohydrate utilization, and CAMP (Christie Atkins Munch Peterson) tests to confirm as *Listeria* different species (ISO, [25]).

Antibiogram of *L. Monocytogenes*

An antibiotic susceptibility test was performed for *Listeria* isolates by using Muller Hinton Agar (Sisco Research Laboratories Pvt.

Ltd. India). The method that was applied for antimicrobial testing is the agar plate antibiotic disk diffusion method, using the Kirby-Bauer technique by 0.5 McFarland Standard [25]. Pure colonies of the isolates were taken from nutrient agar and suspended in Muller Hinton Broth dipped using a sterile cotton swab into it and smears uniformly on the prepared Muller Hinton agar, according to the standard procedure, and then the antibiotic discs (Oxoid, Basingstoke, Hampshire, England) were firmly placed on it, and the plates incubated at 37 °C for 24 hrs. Antibiotics discs of commonly used antibiotics such as sulfamethoxazole, tetracycline, oxytetracycline, procaine penicillin G, streptomycin, clindamycin, nalidixic acid, cloxacillin, and erythromycin were used for antimicrobial susceptibility testing. Finally, the zone of inhibition around the disc was measured using a caliper meter and interpretation is based on criteria of the Clinical and Laboratory Standards Institute [26].

Questioner Survey

As a part of the research work, a structured questionnaire was used to assess the farm management and practices relevant to infection and transmission of *Listeria* species in animal and human hosts. Information related to sex, address, educational background, raw milk drinking practice and hygiene practice were collected on a format developed. Using a structured questioner, dairy producers and randomly selected volunteer participants were interviewed. Accordingly, 30 dairy farmers and 40 persons from the community were interviewed. Observational assessments of the farm and milking practice were recorded.

Data Management and Analysis

Microsoft Excel was used for data entry and storage and analysis was done by using RStudio Software (Version 1.4.1106 – © 2009-2021 RStudio, PBC). Descriptive statistics were used to describe and process the data. Chi-square statistics also used to compare prevalence between groups and to analyze questioner results. The significance level was established at a 95 % confidence interval.

Ethical Declaration

The study was conducted after ethically approved by the AAU CVMA ethical review committee (Date 21/02/2021GC, Ref. No. VM/ERC/19/5/13/2021) and all study work was conducted according to animal research ethics

Results

From the total of 384 milk samples, the overall prevalence of *Listeria* species was 49 (12.8%). Which comprised 4% (15/384) for *L. monocytogenes*, 4.2% (16/384) for *L. innocua*, 2.1% (8/384) for *L. grayi* sub spp. *Grayi*, 1.04% (4/384) for *L. grayi* sub spp. *Murray*, 0.8% (3/384) for *L. seeligeri*, 0.3% (1/384) for *L. welshimeri* and 0.52% (2/384) for unknown *Listeria* species. Considering the overall prevalence of *Listeria*, the high prevalence was found in Kombolcha

13.5% (27/200) and for Kutaber district the prevalence was 12% (22/184). In this case, the difference was not statistically significant ($P > 0.5$). When taking *L. monocytogenes*, the results were also similar with samples from Kombolcha had the highest prevalence of 4% (8/200) and samples from Kutaber were a prevalence of 3.8% (7/184) (Table 1). Considering the overall prevalence of *Listeria* species, the high prevalence was found in poorly managed farms (25.5%) and the low prevalence was found in well-managed farms (4.3%). In

this case, the difference was statistically significant ($P < 0.05$). The prevalence of listeriosis in differently managed farms showed in the table below (Table 2). Considering the overall prevalence of *Listeria* species, the highest prevalence was found in farms with 10-15 dairy cows (29%) and the lowest prevalence found in dairy farms with 3-5 cows (5.24%). The difference, in this case, was also found statistically significant ($P < 0.05$) (Tables 3 & 4).

Table 1: Prevalence of *L. monocytogenes* and other *Listeria* species in the study districts.

<i>Listeria</i> species	Prevalence in study districts		χ^2	Odds ratio with 95% CI	P-value
	Kombolcha N (%)	Kutaber N (%)			
<i>L. monocytogenes</i>	8 (4%)	7 (3.8%)	0.089871	0.8701417 (0.4764308- 1.589206)	0.7643
<i>L. innocua</i>	10 (5%)	6 (3.3%)			
<i>L. grayi sub sp. Grayi</i>	2 (1%)	6 (3.3%)			
<i>L. grayi sub spp Murrayi</i>	2 (1%)	2 (1.1%)			
<i>L. seeligeri</i>	3 (1.5%)	0 (0%)			
<i>L. welshimeri</i>	1 (0.5%)	0 (0%)			
Unknown species	1 (0.5%)	1 (0.5%)			
Total	27 (13.5%)	22 (12%)			

Note: N = Number of isolates % = Percentage χ^2 = chi-square CI = confidence interval

Table 2: Prevalence of listeriosis in the different farm management systems.

Farm management system	Prevalence of <i>Listeria</i> species			χ^2	Odds ratio with 95% CI	P-value
	No	Positive	%			
Poor	153	39	25.50%	14.033	3.923353(1.8964- 8.1168)	0.00018
Good	231	10	4.30%			

Table 3: Prevalence of listeriosis in different herd size.

Herd size	Prevalence of <i>Listeria</i> species			χ^2	Odds ratio with 95% CI	P-value
	No	Positive	%			
A	191	10	5.24 %	36.702	3.925234 (1.725926- 8.927066)	1.072e-08
B	124	19	15.3 %			
C	69	20	29 %			

Note: No= Number of samples examined Key: Categorizing the herd based on sizes into A. <5, B. 5-10 and C. >10

Table 4: Summary of the prevalence of *L. monocytogenes* and other *Listeria* species.

Risk factors		Prevalence in percentages								UK
		No	Positive	<i>L. monocytogenes</i>	<i>L. innocua</i>	<i>L. grayi sub sp. Grayi</i>	<i>L. grayi sub spp Murrayi</i>	<i>L. seeligeri</i>	<i>L. welshimeri</i>	
Study site	Km	200	27 (13.5%)	8 (4%)	10 (5%)	2 (1%)	2 (1%)	3 (1.5%)	1 (0.5%)	1(0.5%)
	Kt	184	22 (12%)	7 (3.8%)	6 (3.3%)	6 (3.3%)	2 (1.1%)	0	0	1(0.5%)
	χ^2 (P-value)			0(1)	0.35569 (0.5509)	1.4209 (0.2333)	V.s(1)	1.1832 (0.2767)	V.s (1)	V.s(1)
Farm management	poor	153	39 (25.5%)	9(5.9%)	14(9.2%)	8(5.23%)	4(2.6%)	3(2%)	1(0.7%)	1(0.7%)
	good	231	10 (4.3%)	6(2.3%)	2(0.9%)	0	0	0	0	1(0.008%)

	χ^2 (P-value)			0.057283 (0.8108)	6.3399 (0.01181)	5.2843 (0.02152)	1.863 (0.1723)	1.0716 (0.3006)	0.005359 (0.9416)	0(1)
Herd size	A	191	10(5.24%)	4(2.1%)	3(1.6%)	2(1.05%)	0	1(0.5%)	0	0
	B	124	19 (15.3%)	3(2.42%)	6(4.8%)	4(3.2%)	2(1.6%)	2(1.6%)	1(0.8%)	1(0.8%)
	C	69	20 (29%)	8(11.6%)	7(10.1%)	2(2.9%)	2(2.9%)	0	0	1(1.4%)
	χ^2 (P-value)			2.5302 (0.2822)	10.395 (0.005532)	22.375 (V.s)*	11.52 (V.s)*	1.6912 (0.4293)	2.0289 (0.3626)	11.8 (0.003)

Note: Km= Kombolcha, Kt= Kutaber, No= Number of samples examined, UK= Unknown species, χ^2 = Chi-square, V.s= Very small, *= significant

Out of the total of 15 *L. monocytogenes* species subjected to antimicrobial susceptibility test, 2(13.3%) were equally resistant to oxytetracycline, tetracycline, procaine penicillin G and cloxacillin, and all of the isolates (100%) were resistant to sulfamethoxazole and nalidixic acid. Interestingly all *L. monocytogenes* isolates 15 (100%) were sensitive to erythromycin and clindamycin. The detailed patterns of susceptibility presented in Table 5. The study showed the multi-drug resistance pattern of isolates. For questioner survey, a total of 70 respondents were used. Out of which 53 were male and 17 of them were female respondents and 77.5% of them were completed

Grade 10. From both groups, 56 % and 20.4% of participants washed their hands twice and once daily respectively. And 79 % of them were using soap. Near to half of the respondents (46%) wash their hands after the toilet. Based on findings, 76.7% and 20% of dairy farmers and public respondents consume raw milk respectively and 95 % of respondents from the community consume other dairy products including ice cream. 60 percent of the dairy farmer respondents clean the udder and teat with water only and 30 percent of farmers clean with soap and water and the others not clean properly.

Table 5: Antibiogram of *L. monocytogenes* isolates.

Antimicrobial agents (symbol)	Disc content	Number of isolates (%)		
		R	I	S
Oxytetracycline (OT)	30 µg	2 (13.3%)	2 (13.3%)	11 (73.3%)
Tetracycline (T)	10 µg	2 (13.3%)	10 (66.7%)	3 (20%)
Sulfamethoxazole (RL)	100 µg	15 (100%)	0 (0%)	0 (0%)
Procaine penicillin G (PG)	10 µg	2 (13%)	0 (0%)	13 (87%)
Clindamycin (C)	30 µg	0 (0%)	0 (0%)	15 (100%)
Streptomycin (S)	10 µg	0 (0%)	6 (40%)	9 (60%)
Nalidixic acid (NA)	30 µg	15 (100%)	0 (0%)	0 (0%)
Erythromycin (E)	15 µg	0 (0%)	0 (0%)	15 (100%)
Cloxacillin (OB)	5 µg	2 (13.3%)	2 (13.3%)	11 (73.3%)

Note: R= Resistant S= Sensitive I= Intermediate

All of (100%) dairy farmer respondents clean and smoke their milking equipment every day. Only about 3% of the respondents wear protective clothing during milking. About 73.3 % and 12.5 % of farmer and public respondents respectively knew about zoonotic disease other than listeriosis. Based on the observational assessment,

70 % of dairy bedding is dirty and 60 % of milking area and milking equipment were in moderate hygienic status. During the survey, no cow showed any reproductive disease signs and no history of abortion was recorded. Detailed questioner findings are presented in the tables below (Tables 6 & 7).

Table 6: Summary of knowledge, attitude and practices of dairy farmers regarding hygiene and listeriosis and observational assessment of the farm.

Variables	Performance	No. of respondents	%	p-value (0.95 CI)
Sex	Male	11	36.7	
	Female	19	63.3	
Educational background	G-10 and above	21	70	
	Lower than G-10	9	30	
Washing hands per day time interval	Once	10	33.3	
	Twice	17	56.7	
	Other	3	10	
Washing of hands	With water only	11	36.7	
	With soap	19	63.3	
Washing of hands after toilet	Yes	7	23.3	
	No	23	76.7	
Consuming raw milk	Yes	23	76.7	
	No	7	23.3	
Cleaning of udder and teat	With water only	18	60	0.019
	With soap	9	30	
	Not clean properly	3	10	
Frequency of cleaning udder area and teat	Every milking	21	70	
	When getting dirt	6	20	
	Not cleaning	3	10	
Clean and smoke milking equipment	Every day	30	100	0.005
	Twice a week	0	0	
	3 times a week	0	0	
Wearing closing during milking	Yes	9	3	
	No	21	97	
View of dairy beading/barn	Clean	3	10	0003
	Medium	6	20	
	Dirty	21	70	
History of abortion and/reproductive disease	Yes	0	0	
	No	30	100	
Contact with aborted fetus	Yes	0	0	
	No	30	100	
Knowledge of listeriosis	Yes	0	0	
	No	30	100	
Knowledge of zoonotic disease other than listeriosis	Yes	22	73.3	
	No	8	26.7	

Hygiene status of milking area and equipment	Good	5	16.66	0.0426
	Moderate	18	60	
	Poor	7	23.33	
Training on personal and/food hygiene	Yes	0	0	
	No	30	100	

Table 7: Summary of knowledge and attitude of respondents on Hygienic practice, raw milk consumption and zoonotic disease.

Variables	Performance	No. of respondents	%
Sex	Male	36	90
	Female	4	10
Educational background	G-10 and above	34	85
	Lower than G-10	6	15
Washing hands per day time interval	Once	3	7.5
	Twice	22	55
	Three times or more	15	37.5
Washing of hands	With water only	2	5
	With soap	38	95
Washing of hands after toilet	Yes	27	67.5
	No	13	32.5
Consuming raw milk	Yes	8	20
	No	32	80
Consumption of other dairy products including ice cream	Yes	38	95
	No	2	5
Knowledge of zoonotic disease	Yes	5	12.5
	No	35	87.5
Live in a farm area	Yes	1	2.5
	No	39	97.5
Training on personal and/food hygiene	Yes	0	0
	No	40	100

Discussion

The prevalence of *Listeria* species in this study is slightly lower than that of the studies reported with a 20.3% prevalence of raw bovine milk from dairy producers in Debre-Berhan town [27] and in central highlands of Ethiopia with a 28.4% prevalence from 443 milk and milk product samples [28]. This could be due to an increase in hygienic practices as raw milk was considered a source of contamination by dairy farmers, processors and consumers, and sample size differences. In the current study, the prevalence of *L. monocytogenes* was 4.2%. This is in agreement with [29] who noted a prevalence of 4.1%, and Mansouri-Najand, et al. [30] who noted a prevalence of

5%. However, the prevalence of *L. monocytogenes* is reported higher in other countries like in the USA with 26% [31] and Australia with 40% prevalence [32]. The sensitivity of microbial detection methods and sample size differences could partially explain these differences. In Ghana, the low prevalence of 8.8% [33] was reported. The reason for this is due to different hygienic and sanitary activities in milk supply chains, environmental conditions, and different sample sizes. In Ethiopia, very few studies were done on listeriosis. A report by [34] indicted a prevalence of 5% *L. monocytogenes* in raw milk and milk product samples from Bishoftu and Dukem towns. Abera, et al. [35] also noted 4.1% of *L. monocytogenes* from food samples in Addis Ababa. This is also similar to the present study. During this study, isolates

of *L. innocua* and *L. monocytogenes* were found to be higher as compared with other *Listeria* species.

This is in agreement with the studies by [36-39]. In Ethiopia, a relatively low prevalence of *L. monocytogenes* from 873 meat swab samples was reported in Addis Ababa at a 4.1% prevalence [40]. This could be due to hygienic conditions, and sample origins. In this study from both districts, the prevalence of *L. monocytogenes* was found higher in Kombolcha town. This could be due to a difference in sampling size. In this finding, the prevalence of *Listeria* species was high in poorly managed and large herd size dairy farms. This might be due to poor hygienic conditions and external contamination via feed, milking equipment, and personnel since the pathogen can multiply and survive up to 7 weeks in dairy manure [41]. A study which was done by [42] also reported a high prevalence of *L. monocytogenes* in reduced ventilation environments as compared to ventilated ones. The reason for the milk samples chosen was *Listeria* is most prevalent in milk and dairy products [43]. Many researchers have been reported the prevalence of *Listeria* species in raw milk worldwide, in Iran from the total of 240 milk samples 54(22.5%) were positive for *Listeria* [44]. In Algeria, researchers isolated *L. monocytogenes* from farm raw milk samples with a prevalence of 2.61% [45]. In this study, all 15 *L. monocytogenes* isolates were analyzed for antimicrobial susceptibility profile. The result showed that all of the isolates (100%) were resistant to sulfamethoxazole and nalidixic acid and about 13.3% of isolates were resistant to oxytetracycline, tetracycline, procaine penicillin G, and cloxacillin.

This is contrary to a report by Garedew, et al. [12] who noted 0% of isolates were resistant to sulfamethoxazole. However, this study showed similar findings to Girma and Abebe [16] who noted 30.5% and 25% of isolates were resistant to nalidixic acid and tetracycline respectively. Another study by Welekidan (2019) stated 66.7% of *L. monocytogenes* isolated from pregnant women were resistant to procaine penicillin G. This study showed 13.3% of isolates were resistant to oxytetracycline and procaine penicillin G antimicrobial drugs which are commonly prescribed in study areas for the treatment of most bacterial infections. This could be mentioned as one of the reasons for some non-effective treatments with these drugs. The resistance for nalidixic acid and tetracycline was also similar to studies carried in different countries (Pintado, et al. [42,43]). Antimicrobial-resistant *L. monocytogenes* in raw food products have significant public health implications, particularly in developing countries where antibiotic use is prevalent and uncontrolled (Sharma, et al. [43]). All *L. monocytogenes* isolates were sensitive to clindamycin and erythromycin. This revealed in agreement with studies by Welekidan [17] and Abera [35]. Both reported 100% of isolates were sensitive to erythromycin. In this study, 87%, 73%, and 60% of isolates were sensitive to procaine penicillin G, oxytetracycline, cloxacillin, and streptomycin respectively. Procaine penicillin G and tetracycline sensitivity were higher than a report by [44].

The sensitivity of *L. monocytogenes* to streptomycin, procaine penicillin G, tetracycline, and oxytetracycline observed in this study were similar to studies by [16,29,35,37]. Farmers and personnel can contaminate food products with *L. monocytogenes* if they are not followed proper farm management systems. Poor hygienic practices such as; not wearing personal protective clothing, improper hand washing, not cleaning equipment and working areas properly can result in contamination of foods with *L. monocytogenes* [45]. The results of this study showed that most of the respondents (79%) wash their hands daily with soap and 46 % of respondents wash their hands after the toilet. This is in agreement with a previous study which revealed that 80% of respondents use detergent for washing their hands [29]. However, a report by Mulu [29] showed 94% of respondents wash their hands after using a toilet. Concerning dairy farmers, 60% of the respondents clean the udder area and teat with water only, 30% were using soap to clean and 10 % were not clean properly. This could be a reason for *Listeria* species prevalence in raw bovine milk. Concerning personal and/food hygiene training, this report showed that all respondents were not taking the training yet. This is contrary to previous studies [29,44].

This study revealed that consumption of raw milk is higher in dairy farmers which showed a high risk of getting an infection with *L. monocytogenes*. Interestingly, since consumption of raw meat, milk and milk products is very common and large amounts of high-risk population are found the problem can be higher in Ethiopia. In this finding prevalence of *Listeria* was found higher in farms not practicing cleaning of udder and milk equipment. This might be due to the easy transmission and survival of the pathogen from the environment to dairy cows since the origin of *L. monocytogenes* contamination in milk is mainly of faeces [46]. About 73.3 % of dairy farmer respondents knew about zoonotic disease other than listeriosis. This could be due to they learn about those diseases when they got service in veterinary clinics.

Conclusion

The microbiological laboratory examination of these samples in this study revealed that the significant presence of *L. monocytogenes* comparing with other *Listeria* species. This existence of *L. monocytogenes* in raw milk and its multi-drug resistance pattern is an indication of a serious public health hazard for raw milk and milk product consumers especially to high-risk groups such as; pregnant women, immunocompromised individuals, young and elderly. Due to the increase of multi-drug resistance showed by *L. monocytogenes* isolates, continuous surveillance of drug resistance is important for effective treatment. The questioner findings in this report showed that most dairy farmers and some public respondents consume raw milk. Associated with the probable risk of getting infected with *Listeria* is higher with increased consumption of raw milk and milk products, this emphasizes the impact of listeriosis in public health and the need for strong control and prevention strategy.

Acknowledgements

We would like to thank Addis Ababa University for funding and laboratory facility support for smooth accomplishment of this research. In addition, we want to acknowledge to all dairy farmers, zonal and wereda animal production experts who participated in this study. Without the cooperation and interest shown by them, the study would not have been possible.

Competing Interests

No competing of interest..

References

- Rocourt J, Doyle M P, Beuchat L R, Montville T J, Cossart P (2001) *Listeria monocytogenes*, Food microbiology fundamentals, and frontiers. ASM Press Washington D C U.S.A, pp. 337-351.
- Chitlapilly Dass S (2011) Exposure assessment of *Listeria monocytogenes* in vacuum-packed cold-smoked salmon in the Republic of Ireland. A thesis Dublin institute of technology, p. 2-38.
- Chen J, Regan P, Laksanalamai P, Healey S, Hu Z (2017) Prevalence and methodologies for detection, characterization, and subtyping of *Listeria monocytogenes* and *L. ivanovii* in foods and environmental sources. Food Science and Human Wellness 6(3): 97-120.
- El Demerdash A S, Raslan M T (2019) Molecular characterization of *Listeria monocytogenes* isolated from different animal-origin food items from urban and rural areas. Advances in Animal and Veterinary Sciences 7(s2): 51-56.
- Aureli P (2000) An outbreak of febrile gastroenteritis associated with corn contaminated by *Listeria monocytogenes*. New England Journal of Medicine 342(17): 1236-1241.
- Sur G G, Chee H K, Yuet Y L (2012) *Listeria monocytogenes* in retailed raw chicken meat in Malaysia. Poultry Science 91(10): 2686-2690.
- Liu D (2006) Identification, subtyping, and virulence determination of *Listeria monocytogenes*: an important food-borne pathogen. Journal of medical microbiology 55: 645-659.
- Mead P S, Slutsker L, Dietz V, McCaig L, Bresee J (2010) Food-related illness and death in the United States. Emerging Infectious Diseases 5(5): 607-625.
- Scallan E, Hoekstra R M, Angulo F J, Tauxe R V, Widdowson, et al. (2011) Foodborne illness acquired in the United States. Emerging Infectious Diseases 17: 1338-1340.
- Pal M (2007) Zoonoses. (2nd Edn.), Satyam Publishers Jaipur India, pp. 118-119.
- Khan J A, Rathore R S, Ahmad I (2013) *In vitro* detection of pathogenic *Listeria monocytogenes* from food sources by conventional, molecular and cell culture method. Brazilian Journal of Microbiology 44(3): 751-758.
- Molla B, Yilma R, Alemayehu D (2004) *Listeria monocytogenes* and other *Listeria* species in retail meat and milk products in Addis Ababa, Ethiopia. Ethiopian Journal of Health Development 18 (3): 208-212.
- Amenu K, Wieland B, Szonyi B (2019) Milk handling practices and consumption behavior among Borana pastoralists in southern Ethiopia. Journal of Health Population and Nutrition 38(6).
- Yeserah B, Tassew T, Mazengia H (2020) Handling Practices of Raw Cow's Milk and Major Constraints of Clean Milk Production in and around Bahir Dar City, Ethiopia. Journal of advances in dairy research 8(2): 234.
- Seyoum E T, Woldetsadik D A, Mekonen T K, Gezahegn H A, Wondwossen A (2015) Prevalence of *Listeria monocytogenes* in raw bovine milk and milk products from central highlands of Ethiopia. Journal of infection in developing countries 9(11): 1204-1209.
- Girma Y, Abebe B (2018) Isolation, Identification and Antimicrobial Susceptibility of *Listeria* Species from Raw Bovine Milk in Debre-Birhan Town, Ethiopia. iMedPub Journals 2: 1-7.
- Welekidan L N, Bahta Y W, Teklehaimanot M G, Abay G K, Wasihun A G, et al. (2019) Prevalence and drug resistance pattern of *Listeria monocytogenes* among pregnant women in Tigray region, Northern Ethiopia: A cross-sectional study. BMC Research Notes 12(1): 1-6.
- Keba A, Rolon M L, Tamene A, Dessie K, Vipham J, et al. (2020) Review of the prevalence of food-borne pathogens in milk and dairy products in Ethiopia. International Dairy Journal 109: 104762.
- (2017) DoARD (Department of agriculture and rural development for Kombolcha district), basic data of Komolcha, Kalu wereda agriculture office.
- (2020) ARDO (Animal Resource Development Office) South Wollo zone animal resource development office, annual report 2020.
- (2018) KADO (Kutaber Agricultural Development Office) Kutaber Woreda Agriculture Development Office annual report, South Wollo, Amhara Region.
- (2018) KLRDO Kutaber Woreda Livestock Resource Development Office annual report, South Wollo, Amhara Region.
- Thrusfield M (2005) Veterinary epidemiology. (2nd Edn.), Blackwell Science Oxford, pp. 117-198.
- Bauer A W, Kirby W M M, Sherris J C, Turck M (1966) Antibiotic susceptibility testing by a standardized single disk method. American journal of clinical pathology 45(4): 493-496.
- (1996) ISO Microbiology of food and animal feeding stuffs Horizontal method for the detection and enumeration of *Listeria monocytogenes*. International Organization for Standardization Part 1: Detection method. International Standard Organization (ISO 11290-1), Geneva, Switzerland, p. 1-16
- (2004) CLSI (National Committee for Clinical Laboratory Standards) Performance Standards for antimicrobial disk and dilution susceptibility test for bacteria isolated from animals. Clinical and Laboratory Standards Institute, Wayne, Pennsylvania, Approved standard-Second Edition, 6 22: 31.
- Jorgensen H, Mørk T, Høgasen H, Rørvik L (2005) Enterotoxigenic *Staphylococcus aureus* in bulk milk in Norway. Journal of Applied Microbiology 99(1): 158-166.
- (2003) BAM Detection and enumeration of *Listeria monocytogenes*, Bacteriological Analytical Manual (BAM).
- Mulu S (2014) Studies on the prevalence, risk factors, public health implication, and antibiogram of *Listeria monocytogenes* in sheep meat collected from a municipal abattoir and butcher shops in Addis Ababa. MSc Thesis College of Veterinary Medicine and Agriculture Addis Ababa University Ethiopia, p. 55.
- Mansouri Najand L, Kianpour M, Sami M, Jajarmi M (2015) Prevalence of *Listeria monocytogenes* in raw milk in Kerman, Iran. Veterinary Research Forum An International Quarterly Journal 6(3): 223-226.
- John J (2019) Prevalence and Characterization of *Listeria* spp. Recovered from Pacific Northwest Produce Handling and Processing Facilities. MSc thesis Oregon State University USA, p. 3.

32. MacGowan A P, Bowker K, McLauchlin J, Bennett P M, Reeves D S (1994) The occurrence and seasonal changes in the isolation of *Listeria* spp. in shop-bought foodstuffs, human feces, sewage, and soil from urban sources. *International Journal of Food Microbiology* 21(4): 325-334.
33. Owusu Kwarteng J, Wuni A, Akabanda F, Jespersen L (2018) Prevalence and Characteristics of *Listeria monocytogenes* Isolates in Raw Milk, Heated Milk, and Nunu, a Spontaneously Fermented Milk Beverage, in Ghana. *Beverages* 4(2): 40.
34. Teshome Y, Giragn F, Gudeta D, Desa G, Bekele D (2019) Isolation and Prevalence of *Listeria* Species in Milk and Milk Product Samples Collected from Bishoftu and Dukemtowns, Oromia, Ethiopia. *World Journal of Dairy & Food Sciences* 14(2): 196-201.
35. Abera F (2007) Prevalence and antimicrobial profile of *Listeria monocytogenes* in retail meat and dairy products in Addis Ababa and its surrounding towns, Ethiopia. MSc Thesis Faculty of Medicine Addis Ababa University Ethiopia, p. 81.
36. Gebretsadik S, Kassa T, Alemayehu H, Huruy K, Kebede N (2011) Isolation and characterization of *Listeria monocytogenes* and other *Listeria* species in foods of animal origin in Addis Ababa, Ethiopia. *Journal of Infection and Public Health* 4: 22-29.
37. Garedew L, Ayele T, Tigist B, Seleshe N, Elias K, et al. (2015) Prevalence and antimicrobial susceptibility profile of *Listeria* species from ready-to-eat foods of animal origin in Gondar Town, Ethiopia. *BMC Microbiology* 15: 100.
38. Kim J, Jiang X (2010) The growth potential of *Escherichia coli* O157:H7, *Salmonella* spp. and *Listeria monocytogenes* in dairy manure-based compost in a greenhouse setting under different seasons. *Journal of Applied Microbiology* 109(6): 2095-2104.
39. Vilar M J, Yus E, Sanjuán M L, Diéguez F J, Rodríguez Otero J L (2007) Prevalence of and risk factors for *Listeria* species on dairy farms. *Journal of Dairy Science* 90(11): 5083-5088.
40. Hossein J, Behrad R, Kwai lin T (2013) Prevalence, characterization, and antimicrobial resistance of *Listeria* species and *Listeria monocytogenes* isolates from raw milk in farm bulk Tanks. *Journal of Food Control* 34(1): 121-125.
41. Hamdi T M, Naim M, Martin P, Jacquet C (2007) Identification and molecular characterization of *Listeria monocytogenes* isolated in raw milk in the region of Algeria. *International Journal of Food Microbiology* 116: 190-193.
42. Pintado C, Oliveira A, Pampulha M E, Ferreira M (2005) Prevalence and characterization of *Listeria monocytogenes* isolated from soft cheese. *Food Microbiology* 22(1): 79-85.
43. Sharma D, Sharma P K, Saharan B S, Malik A (2012) Isolation, identification and antibiotic susceptibility profiling of antimicrobial-resistant *Listeria monocytogenes* from dairy milk. *International Journal of Microbial Resource Technology* 1(1): 1-4.
44. Mereta S T, Gume B, Getaneh A, Deneke Y, Sena L, et al. (2020) Occurrence and antibiotic susceptibility of *Listeria monocytogenes* along meat production chain in southwest Ethiopia, p. 1-15.
45. Cutter C, McElroy D, Penn S (2006) Control of *Listeria monocytogenes* in retail establishments: Information and Communication Technologies in the College of Agricultural Sciences. The Pennsylvania State University, p. 1-24.
46. Sauders B D, Wiedmann M (2007) Ecology of *Listeria* species and *L. monocytogenes* in the natural environment. In: *Listeria, listeriosis and food safety*. CRC Press Boca Raton Florida USA, p. 21-53.

ISSN: 2574-1241

DOI: 10.26717/BJSTR.2024.59.009339

Wubshet listeria. Biomed J Sci & Tech Res



This work is licensed under Creative Commons Attribution 4.0 License

Submission Link: <https://biomedres.us/submit-manuscript.php>



Assets of Publishing with us

- Global archiving of articles
- Immediate, unrestricted online access
- Rigorous Peer Review Process
- Authors Retain Copyrights
- Unique DOI for all articles

<https://biomedres.us/>