

# Medusa Head Sign What is its Importance?

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## ABSTRACT

**Background:** Developmental venous anomalies are the most frequently encountered common form of vascular malformations, with a reported incidence of up to 2.6% in a series of 4,069 brain autopsies. Parenchymal veins are divided into superficial and deep draining veins. Cerebral cavernous malformations, also known as cavernomas or cavernous hemangiomas, are clusters of abnormal hyalinized capillaries with no intervening brain tissue. The medusa head sign is seen in a developmental venous anomaly, where multiple radially arranged tributaries drain into a larger vein.

**Methodology:** A narrative review was carried out through various databases from January 2007 to February 2022; the search and selection of articles was carried out in journals indexed in English. The following keywords were used: developmental venous anomalies, cavernomas, medusa head, cerebral venous angioma.

**Results:** Developmental venous anomaly (DVA), also known as cerebral venous angioma, is a congenital malformation of the veins that drain the normal brain. The etiology of developmental venous anomalies remains uncertain but may be related to developmental arrest of venous structures. Isolated developmental venous anomalies do not require treatment. The jellyfish head sign is seen in a developmental venous anomaly (DVA), where multiple radially arranged tributaries drain into a larger vein.

**Conclusion:** This review offers precise information on the location of developmental venous anomalies, the studies available for their diagnosis, and the therapeutic approach offered, as well as other differential diagnoses.

## Introduction

The developmental venous abnormality is the most frequent configuration of vascular malformations, it has an incidence of 2.6% in a series of 4069 brain autopsies. In 1967, Wolf et al. reported on the first patient who died from intracranial hemorrhage due to a lesion that was diagnosed as a venous angioma [1]. Since then, various terminologies have been used, such as venous malformation, venous angioma, and medullary venous malformation, implying that they were considered rare lesions, involving a high risk of bleeding [2]. Parenchymal veins are divided into superficial and deep draining veins. Superficial draining veins include pial veins, intracortical veins, subcortical veins, and superficial medullary veins. The deep draining veins are deep and form the four venous convergence zones on their way to the subependymal veins [3]. Cerebral cavernous malformations, which are also known as cavernomas or cavernous hemangiomas, are a class of capillaries that present hyaline alteration in the absence of intervening brain tissue. Consequently, to recurrent microhemorrhages and thrombosis, they are surrounded by deposits of hemosiderin and gliosis [2,3]. The jellyfish head sign is very common in developmental venous anomalies, where many radial inflows drain into a larger vein. Although this sign by itself does not have any clinical importance, since it does not represent any compromise for the patient's health, just as it is a rare sign [4,5]. The importance of the jellyfish head sign lies in the association that it could have with other vascular malformations that, if they can compromise the patient's health, so this sign, if present, is very suggestive that it may be associated with other pathologies [6,7]. For this reason, it was decided to carry out this work, in order to provide precise information on the location of developmental venous anomalies, the studies available for their diagnosis, and what is the therapeutic approach that is offered, as well as other diagnoses. differentials.

## Materials and Methods

A systematic review was carried out, in which a search was carried out in various databases, which we highlight PubMed, Scielo and ScienceDirect. The compilation and selection of articles was carried out in journals indexed in English from the years 2007 to 2022. Keywords, the terms were carried out according to the DeCS and MeSH methodology: Developmental venous anomalies; cavernomas; jellyfish head; cerebral venous angioma. 58 original and review publications associated with the theme were identified, only 28 articles met the established inclusion requirements, such as articles that were in a range not less than the year 2007, that were full text articles and that reported on the developmental venous anomalies and the medusa head sign. As exclusion criteria, we found articles that did not have sufficient information and that did not present the full text at the time of review.

## Results

### Developmental Venous Anomaly

Developmental venous disorder (DVA), known as cerebral venous angioma, is a congenital malformation of the veins that drain the normal brain. They were once considered rare before cross-sectional imaging, but are now the most common cerebral vascular malformations, accounting for 55% of all such lesions [8]. A VAD is characterized by the caput medusae sign of veins draining into a single larger collecting vein, which in turn drains into a dural sinus or deep ependymal vein. It is shaped like a palm tree [9]. This type of malformations can be visible in an MRI with contrast, they present a prevalence of approximately 2.5 to 9% [9]. Developmental venous anomalies are usually incidental findings. However, patients may present intracranial hemorrhage (1-5%) or also ischemic stroke and epilepsy [10]. The cause of these alterations remains uncertain but may be associated with the arrest of the development of venous structures. Histologically, abnormally thickened veins with normal feeding arteries and capillaries are evident. In Table 1 we can identify the most frequent locations where this type of injury occurs [9-13].

Table 1.

Localization	Frequency of Presentation	Drainage
Frontoparietal Region	36-64%	Usually draining into the front horn of the lateral ventricle
Cerebellar Hemisphere	14-27%	Drains into the fourth

### Most Frequent Locations of Developmental Venous Abnormalities:

#### a) Angiography

Angiographically, the appearance of caput medusae (a collection of dilated medullary veins converging into an enlarged transcortical or subependymal collecting vein) is pathognomonic and seen only in the venous phase. The arterial phase appears normal, although there may be late capillary flushing. No bypass present [14].

#### b) Magnetic Resonance Imaging

Developmental venous abnormalities are often visible on most sequences but can be subtle and are more easily seen on post-contrast T1-weighted images and susceptibility-weighted images (SWI). If there is an associated cavernous hemangioma, susceptibility-weighted sequences will be more sensitive to this component [15]. Additionally, in approximately 10% of cases, a high T2/FLAIR signal can be seen in the surrounding white matter; the etiology is unclear, but may be due to gliosis, edema, or leukoaraiosis [16]. SWI is the

preferred sequence in venous abnormalities and has been shown to have better detectability of venous structures than conventional T2\*-weighted images. Signals in SWI are not compromised by low-velocity venous flow [16]. Thus, SWI has successfully demonstrated low-flow vascular formations such as DVA. The signal intensity of the veins will be low on SWI images, but will vary on phase images depending on the provider. However, it will be the same as other veins and the opposite of calcification [17].

**c) Handling**

Isolated developmental venous anomalies do not require treatment. However, informing the surgeon of the presence of a VAD is essential, since cauterization of the collecting vein can cause venous infarction of the draining brain parenchyma [18]. When isolated, developmental venous anomalies have a very low complication rate (0.15% per year), primarily from spontaneous thrombosis of the collecting vein leading to venous infarction and hemorrhage [15,18]. A more recent study has shown that, in extremely rare cases, VAD can become symptomatic due to various vascular complications. The authors suggested identification of the underlying pathological mechanism by magnetic resonance imaging for proper management. The importance of preserving the integrity of the DVA itself remains valid [18,19].

**d) Differential Diagnosis**

**Table 2.**

Differential Diagnosis	Synthesis
Arteriovenous malformations	Are a type of high-flow intracranial vascular malformation composed of enlarged feeding arteries, a nest of vessels closely associated with the cerebral parenchyma through which arteriovenous shunt and drainage veins occur.
Dural sinus thrombosis or dural arteriovenous fistula	Is a subset of cerebral venous thrombosis, which often coexists with deep vein or cortical thrombosis, and presents similarly, depending mainly on the affected sinus.  Ural arteriovenous fistulas (aDFd) are a heterogeneous set of conditions that share arteriovenous leads of the dural vessels. They present variably with bleeding or venous hypertension and can be difficult to treat.
Sturge-Weber Syndrome	Sturge-Weber syndrome, or encephalotrigeminal angiomatosis, is a phacomatosis characterized by facial port wine spots and pial angiomas. It is part of a broad spectrum of possible phenotypes included in craniofacial arteriovenous metamerism syndrome.
Demyelination	Demyelination will often be incorrectly equated to multiple sclerosis, when in fact it is a generic pathological term that simply describes the loss of normal myelin around axons in the central nervous system. This should be distinguished from demyelination in which normal myelin formation does not exist.

Generally, appearances will be typical and no differential should be offered. In some cases, the appearances of the images may be atypical or confused with a concurrent pathology (e.g., hemorrhage). In Table 2 we can see the main considerations for a differential diagnosis [18-22].

**Medusa Head Sign**

It is recommended that gadolinium-enhanced T1W MRI be used to identify this sign. VADs, frequently established in the juxtacortical and periventricular regions, are commonly seen in the frontal and parietal lobes and in the brachium pontis [23,24]. VAD by itself is of no clinical importance. However, it can occur in conjunction with a cavernoma, and is seen in approximately 25-30% of cavernomas. In image 1 we can identify this type of radiological sign in the magnetic resonance [18,20,21,23,24]. Jellyfish head signal on T1W axial magnetic resonance imaging post brain contrast showing a large developmental venous abnormality with multiple radiant veins (arrows) draining into it (Figure 1).



**Figure 1.**

**Cavernomas and their Clinical Importance**

Cerebral cavernous malformations, also known as cavernomas or cavernous hemangiomas, are clusters of abnormal hyalinized capillaries with no intervening brain tissue. Due to recurrent microbleeds and thrombosis, they are often surrounded by hemosiderin deposits and gliosis [24]. These alterations are characterized by a slow flow and low pressure, causing the average risk of rupture to be lower compared to other vascular malformations, such as arteriovenous malformations. The risk of rupture depends on the location of the cavernoma, the presence

of an associated developmental venous anomaly, and gender [25]. Asymptomatic familial cases have a higher annual bleeding rate than asymptomatic sporadic cases. These alterations can also arise de novo. They can grow, shrink, or remain stable over time [25]. Among the main options for management, we can find conservative management with images and serial observation, microsurgical resection and stereotactic radiosurgery. When considering treatment options, the risks of surgery must be carefully weighed against the risks of having an untreated cavernous malformation [26]. The natural history of cavernous malformations, clinical presentation, location of the lesion, number of bleeding events, and medical comorbidities help guide this discussion. Therefore, the importance of the medusa head sign lies in its association with the cavernoma, since this sign alone would not present any clinical importance [20,26].

## Discussion

The study carried out by Nikolaos et al, in which a systematic review is carried out in different databases, reaching the conclusion that if cavernomas are not treated in a timely manner, they can lead to the patient suffering from intracerebral hemorrhage, seizures, focal neurological deficits or headaches, these can be identified by techniques such as Magnetic Resonance, being able to plan the surgical treatment, in this they analyze the available treatment methods, such as microsurgical resection, stereotactic radiosurgery and conservative management, according to the characteristics of the lesion [27]. Another study by Michael et al proposes that developmental venous anomalies are congenital lesions that are believed to arise from aberrations that occur during venous development, but these still continue to provide normal venous drainage to the brain territory in which they reside. Surgical or endovascular obliteration of developmental venous abnormalities is considered to develop a significant risk of venous infarction; therefore, conservative management is the one of choice for patients with these lesions [28]. The methodology is the strength of this study, with respect to the literature search, and steps in the selection of relevant articles, quality assessment and data extraction. Also, we identify limitations, within these are studies that present little information on the possible origin of this type of malformations and especially the jellyfish head sign, there is a lack of more clinical trial analysis studies that demonstrate the efficacy of therapeutic approaches available to date and the conservative management of this same radiological sign, so more studies are needed to answer these questions.

## Conclusion

Developmental venous anomaly (DVA), also known as cerebral venous angioma, is a congenital malformation of the veins that drain the normal brain. They were thought to be rare before cross-

sectional imaging but are now recognized to be the most common cerebral vascular malformations, accounting for approximately 55% of all such injuries. The etiology of developmental venous anomalies remains uncertain but may be related to developmental arrest of venous structures. Histologically they consist of a series of abnormally thickened veins with normal feeding arteries and capillaries. The most frequent locations are in the frontoparietal region and the cerebellar hemisphere. Isolated developmental venous anomalies do not require treatment. However, informing the surgeon of the presence of a VAD is essential, since cauterization of the collecting vein can cause venous infarction of the draining brain parenchyma. The jellyfish head sign is seen in a developmental venous anomaly (DVA), where multiple radially arranged tributaries drain into a larger vein. VAD is considered a non-pathologic variation of venous drainage and, by itself, is generally of no clinical significance. However, it can occur in conjunction with a cavernoma, and is seen in approximately 25-30% of cavernomas.

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