

The Importance of Involving Student Volunteers and Nursing Students During the COVID-19 Pandemic

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Opinion

Covid-19 infection is spreading rapidly and has consequences for the health of the population, as well as burdening the health system of the country and the social well-being of its citizens. Was declared a global pandemic in March 2020 [1]. Significant changes were evident during the Covid-19 pandemic in both the education, employment, and health sectors [2]. As the workload of health workers is great, I believe it is necessary to include as many volunteers as possible who can help take care of patients in the information sector and support to families and patients, especially the vulnerable population. The education of nurses in Montenegro takes place at the Medical Faculty of the University of Montenegro, and the education of health technicians in vocational medical schools. From March 2020, students do not stay in hospitals for exercises and practical classes, but do so in school offices and classrooms, and students of nurses in the faculty office and through "Online distance learning" [3].

I believe that it is necessary to adopt a strategy of involving medical students and nursing students in helping to vaccinate the population and other activities where extensive experience is not needed to reduce the pressure on the health sector and where there is supervision by experienced nurses. School and faculty management should devise a strategy to involve students in volunteer work in a way that motivates them, but never forces them

to work, because young people can make a great contribution in the fight against the Covid-19 pandemic. Since the beginning of the Covid-19 pandemic, a total of 185 health workers with secondary education have volunteered at the Clinical Center of Montenegro, but that number is not enough because it refers to only one health institution, the Clinical Center of Montenegro in Podgorica. Not all Covid Center hospitals in our country, but volunteers could relieve the staff of nurses and make their work easier in those hospitals from which they were mobilized to help in Covid centers in other hospitals in the area.

It is important to emphasize that the Clinical Center does not volunteer Nursing students, but graduate health professionals who have not yet been employed, so volunteer work will help them gain new knowledge and experience and get great recommendations to help them find employment and conditions. For taking the internship exam. We hope that the Covid-19 pandemic will end soon and that we will draw conclusions from it in both professional and private life.

Conflict of Interests

There is no conflict of interest with any Institution/Organization.

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