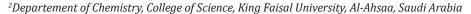


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Mechanistic Role of Egyptian Propolis Against Ehrlich Ascites Carcinoma and Methotrexate Limitations

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ABSTRACT

Although several conventional anti-cancer drugs are available, most of them are toxic and intolerable after long-term use. Therefore, there has been a global increased interest to identify novel agents that can possess anti-tumor effects by it or maximize the anti-tumor effects of low doses of conventional anti-cancer drugs. Egyptian propolis is a powerful antioxidant and free radical scavenger produced by bee. The current review was designed to characterize Egyptian propolis, investigate its anticancer effect and a potential protective role against methotrexate (MTX) toxicity.

Abbreviations: EAC: Ehrlich Ascites Carcinoma; TSTA: Tumor Specific Transplantation Antigen; ALL: Acute Lymphatic Leukemia; DHFR: Dihydrofolate Reductase; PMNs: Polymorphonuclear Neutrophils; ROS: Reactive Oxygen Species; CZE: Capillary Zone Electrophoresis; INFs: Induce the Production of Interferon's; PEE: Propolis Ethanolic Extract; CAPE: Caffeic Acid Phenyl Ester

Cancer and Its Incidence

Cancer is characterized by the uncontrolled growth of abnormal cells which disrupt body tissue, metabolism. It tends to spread locally to various parts of the body. The genetic and environmental factors are crucial for cancer formation and progression. Among the environmental factors are the lifestyle of people that include tobacco, alcohol, and physical activity. Industry, microbial factors (radiation, pollution, infection) and diet are also important reasons for cancer development [1]. About 18 million cancer cases and 10 million cancer deaths were estimated in 2018. One of the most diagnosed cancers is the lung cancer that leads to death. It is followed by breast cancer, prostate cancer, colorectal cancer stomach cancer,

and liver cancer for mortality. Lung cancer is the most frequent and leads to death among males, followed by prostate and colorectal cancer. Breast cancer is also the most diagnosed cancer that causes cancer death followed by colorectal and lung cancer. Cervical cancer ranks the fourth for both incidence and mortality.

In Egypt, the commonest sites of cancer in Egyptian males are liver, bladder, non-Hodgkin's lymphoma, lung and prostate. These sites represent 60.2% of all cancer in males. The commonest sites in Egyptian females are breast, liver, non-Hodgkin's lymphoma, colorectal and ovary. These represent61% of cancer in females as in Figure 1.

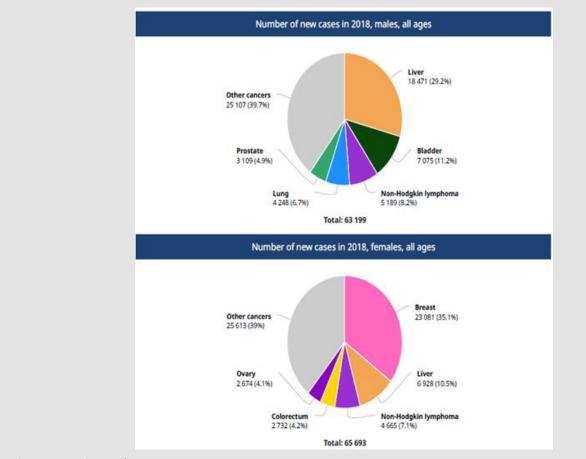


Figure 1: Incidence of cancer in Egypt.

Ehrlich Ascites Carcinoma (EAC)

Experimental tumors are important for modeling, where EAC is one of the commonest. Initially it appears as a spontaneous breast cancer in the female mouse. It is used as an experimental tumor by transplanting tumor tissues subcutaneously from mouse to another [2,3]. The liquid form in the peritoneum of the mouse and called it as "Ehrlich ascites carcinoma" owing to the ascites liquid with the carcinoma cells. EAC is an undifferentiated carcinoma. It is originally hyperdiploid that has high transplantable capability, rapid proliferation and shorter life span. It has 100% malignancy and has no tumor specific transplantation antigen (TSTA). EAC likes human tumors. The tumors are most sensitive to chemotherapy because they are undifferentiated and have rapid growth rate. The rate of proliferating of EAC cells was characterized in four phases. The phases are

- (1) A logarithmic phase for four or five days, after 107 tumor cells transplantation intraperitoneal (i.p.),
- (2) A plateau phase where the number of cells stayed constant on the 5^{th} to 13^{th} day,

- (3) A transitory proliferating phase on the 13th to 15th day,
- (4) A second plateau phase on the 15th to 18th day [4].

In general, the EAC model could be applied owing to its assessment of the cancer biology. Also, the cellular and molecular mechanisms of novel anti-proliferation, anti-angiogenic, anti-metastatic effects of compounds against cancer could be assessment.

Cancer Treatment

The treatment of cancer is a multidisciplinary therapy that consists of radiotherapy, surgery, chemotherapy and immunotherapy [5]. The treatment depends on the cancer type, its state of advancement and its location. The first treatment is surgery. It is useful in removing of solid tumors. It may be necessary for the early stage of cancers and benign tumors. It may leave residual cancer cells and has undesirable side effect. It changes the rate of growth of the remained cancer cells via triggering a faster metastatic process. The multimodal therapy such as immunotherapy, radiotherapy, chemotherapy and other forms of treatments come after surgery in order to provide a good chance to kill the metastatic cancer cells or keeping them in the remission state [6]. The radiotherapy may

cure cancer in different sites of the body. This technique destroys cancer cells by using high-energy X-rays targeted directly to the tumor. During the radiotherapy treatment, the water molecules in the body form what is called free radicals. The free radicals destroy the cell's DNA by oxidation while preventing its replication.

They kill the cancer cells which rapidly divide. Location, type, stage of cancer, person's age and general health are all factors affect the radiotherapy. Radiotherapy may be the only treatment with chemotherapy before surgery to shrink the tumor. It is used after surgery to kill off any remaining cancer cells and to ease symptoms such as bleeding. The common side effects of radiotherapy are the killing of dividing healthy cells near by the cancer cells including the fatigue and the skin itchiness and color changes [7].

Chemotherapy

Chemotherapy is considered as one of cancer treatment that involves the use of therapeutic agents which have direct tumor-killing properties. It is the most effective for cancers that divide rapidly and have good blood supply. The treatment by chemotherapy cures maintains long term remission (free of disease) increases the effectiveness of surgery or radiotherapy and helps to control pain and other symptoms. The effective drugs in treating cancer interfere with the cancer cells activity. This takes place by going directly into the sabotage of a specific phase of cell development or by sending messages that confuse the cells to destroy themselves. It is well known that not all drugs are effective against all cancers but various groups of drugs act in different way [8]. Nowadays, the antitumor chemotherapy is very limited although there are many advances in

the research and development of different cancer drugs [9]. A major problem of chemotherapy drugs is that the drugs are not specifically selective for neoplastic cells but can eliminate the normal healthy cells too particularly those often divide. If multiple cell lines have destroyed the organ toxicity occurs. Patients with cancer receiving chemotherapy are commonly suffered from anemia, proneness to infections and hair loss. Examples for different chemotherapies are 5-flurouracil, cisplatin and methotrexate (MTX) and their side effects.

Methotrexate

Methotrexate, (2,4-diamino-N10-methyl propyl glutamic acid) is an analog of folic acid in which the groups bonded to the C4 carbon and N10 hydrogen are NH2 and CH3. The structure of the molecule consists of three parts as in Figure 2. MTX has received intensive studies and proved effective therapeutics agents. It treats many solid tumors, autoimmune diseases, and hematologic malignancies [10]. It is a folate antimetabolite with antineoplastic and antirheumatic properties which play a great role in treatment of breast cancer, osteogenic sarcoma, lung cancer, choriocarcinoma, bladder carcinoma, acute lymphatic leukemia (ALL), brain medulloblastoma, primary lymphoma psoriasis, chronic myeloid leukemia and rheumatoid arthritis [11]. The mechanism by which the MTX acts as a cancer chemotherapeutic agent is the inhibition of the dihydrofolate reductase (DHFR) with high affinity giving rise to a depletion of tetrahydrofolates that are needed for the synthesis of both the purines and thymidine. Thus, the synthesis of RNA, DNA and other metabolic reactions is interrupted by MTX. It interferes with mitotic cell division as described in Figure 3 [12].

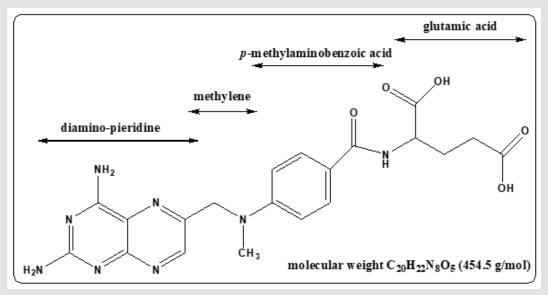
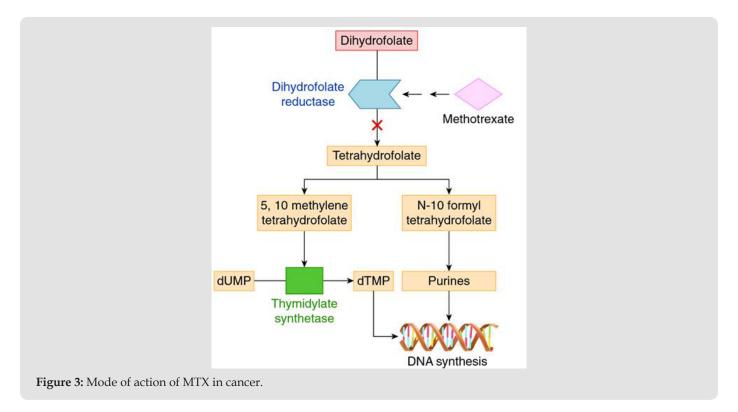


Figure 2: Chemical structure of methotrexate.



The dihydrofolate reductase enzyme is the initial cellular target of MTX and other antifolates. It catalyzes the reduction of folate and 7,8 dihydrofolate to 5,6,7,8 tetrahydrofolate. Primary MTX enters the cell by an active carrier transport mechanism and shared by the reduced folates and mediated by the reduced folate carrier (RFC) [13]. MTX is modified inside the cell and retained in it. This is established by the addition of glutamate residues (up to 5) catalyzed by the folylpolyglutamate synthetase enzyme [14,15]. MTX and its polyglutamylated forms are tightly binding inhibitors for DHFR. They interfere with pyrimidine and thymidylate biosynthesis. MTX polyglutamates together with dihydrofolate polyglutamates are inhibitors for enzymes involved in the purine biosynthesis including the aminoimidazole carboxamide ribonucleotide transformylase and phosphoribosylglycinamide transformylase. The enzymatic removal of glutamyl groups from the polyglutamylated forms of folates and MTX is efficiently catalyzed by gamma glutamyl hydrolase [16, 17].

The life threatening may be due to the side effect of high dose of MTX (MTX-HD). However the various doses of oral MTX are variable because of the inter-individual variability of gastrointestinal absorption of MTX. Bone marrow, gastrointestinal mucosa and hair are vulnerable to the effect of MTX. Their high rate of cellular turnover and because the MTX concentration is inversely proportional to renal clearance, the renal toxicity is frequent with MTX-HD [18]. MTX-HD is normally used as a cytotoxic chemotherapeutic agent in many malignancies treatment.

This treatment is acute lymphoblastic leukaemia and the treatment of various inflammatory diseases treatment [19]. The efficiency of this agent is limited by its toxicity that causes severe side effects and leads to liver cirrhosis, liver fibrosis, hypertrophy of the hepatocytes, hepatocellular necrosis, hepatitis, and death. In general, MTX toxicity has severe side effects on the haematopoietic system as well as liver enzymes [20]. MTX also increases the amount of $\rm H_2O_2$ and free radicals generated by the stimulated polymorphonuclear neutrophils (PMNs). PMNs lead to toxicity and consequently increase the cellular damage rate.

MTX interferes with the homocysteine metabolism via decreasing the levels of 5-methyltetrahydrofolate, homocysteine levels and S-adenosylmethionine (SAM) [21]. In addition, MTX leads to methionine synthesis and reduction in antioxidant enzymes which are catalase, superoxide dismutase, glutathione peroxidase and SAM (SAM acts as an antioxidant) in cerebrospinal fluid of patients on MTX treatment [21]. The deficiency of SAM caused by MTX could be a reason for increasing the reactive oxygen species (ROS). Administration of SAM also caused lipid peroxidation inhibition in a rat model [22]. The undesirable side effects of antitumor drugs could be overcome with compounds able to discriminate the tumor cells from normal proliferative cells. The resistance can be minimized using modality approach combined with different complementary mechanism of action. At this stage, the use of natural sources is belived to have a great value for cancer control and programs destruction [23].

Natural products are rich with chemical compounds having antitumor and cytotoxic activities due to their enormous propensity. This propensity synthesizes a various structural diverse bioactive compounds [24]. Natural products have made significant achievements over 60% of the clinical use of anti-cancer drugs originated from natural products such as plants, marine organisms and bee products [25]. Antioxidant-rich foods are used to assess the human body to reduce the oxidative damage caused by free radicals [26]. There are many synthetic antioxidants used in the pharmaceutical and food industry has toxic and mutagenic effects [27]. The isolation and progressing of natural antioxidants such as polyphenols and flavonoids have attracted the researchers interest everywhere [28].

Propolis

Propolis is a bee product containing resins and other materials that collected by certain species of bees from buds and exudates of plants [29]. This product is also known as bee glue. It is usually sticky in nature and some are dry and gel-like in texture. Bees form the propolis by mixing their own waxes with the resins that previously collected. Certain types of bee use the propolis as glue material for building their hive while some kind of bees like *Trigona sp.* cover the whole hive with a mass of the propolis [30]. Bees synthesize the propolis in order to protect the bee community.

The hive covered with propolis is protected from any possible enemies. It also keeps the inner temperature of the hive at around 35 °C. Propolis mixed with the bee hive hardens the cell walls and makes it stronger against any physical stress. Some bee's varieties cover the carcasses of intruders killed in the hive for the attainment of internal aseptic environment. Propolis can defensed the bees against infections, bacteria and fungi [31,32].

Chemical Constituents of Propolis

Propolis is usually creamy to dark brown in color. Some varieties are green and red. The contents of propolis vary according to the environment of the bees and depend initially on the plants around it [32,33]. The compounds present in the propolis are also dependent on the substances that secreted by different plants. Some of these substances are lipophilic materials on the leaves, gums and lattices aside from the resin [33]. Propolis contains esters of phenolic acid (58%), bees wax (24%), flavonoid aglycones (6%), triterpenes (0.5%) and lipids and wax (8%). It also contains minerals and micronutrients such as zinc, manganese, copper and pollen [34]. The buds of black poplar trees in some reigons (*Populus nigra*) are the main source of propolis that contains high amount of phenolic acids, flavonoid aglycones (flavones and flavonones) and esters [33].

Figure 4: Major flavonoids found in propolis [35].

Capillary zone electrophoresis (CZE) technique is normally used for the determination of Twelve different flavonoids as acacetin, pinocembrin, rutin, chrysin, catechin, naringenin, luteolin, kaempferol, galangin, apigenin, myricetin, and quercetin. Two

phenolic acids, cinnamic acid and caffeic acid and one stilbene derivative, resveratrol in propolis extracts as shown in Figures 4 & 5 [35]. Biological activity and medicinal use of Propolis

Figure 5: Major phenolics and their derivatives found in propolis[35].

Antimicrobial Properties

Antiviral Activity

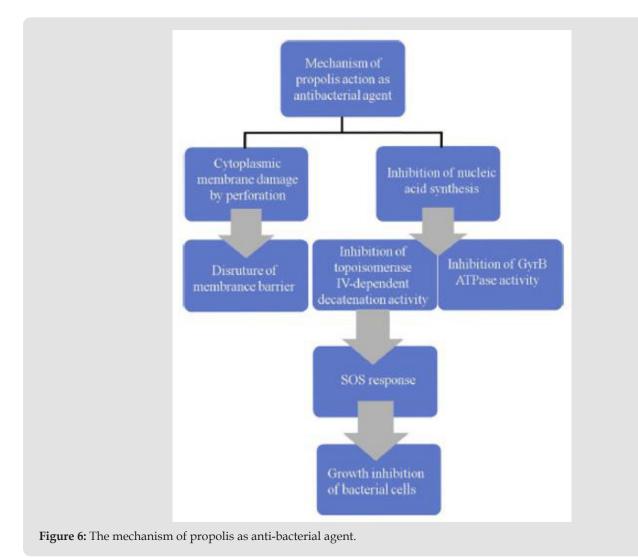
Flavonoids of propolis induce the production of interferon's (INFs). Interferon's have several antiviral effects. These effects are strengthening of cell membrane and induction of nucleases which destroy the viral genome and the modification of the initiation factor phosphorylation pattern Eukaryotic. This factors affects the transduction of proteins and stops all their biosynthesis including that of viruses [36]. Isopentyl ferulated isolated from propolis was found to inhibit greatly the infectious activity of influenza virus A1 Honey Kong (H_3N_2) *in vitro* [37]. Administration of aqueous extract of Propolis decreases the mortality and increases the mean survival length in mice infection with influenza virus A/PR8/ 34 (HONI) [38]. Melliferone, moronic acid, and betulonic acid and four known aromatic compounds were successfully isolated from Brazilian Propolis and tested for anti-HIV activity in H9 lymphocytes. It was found that moronic acid has significant anti-HIV activity [39].

Antibacterial Capacity

The antibacterial activity of propolis against the gram-positive bacteria is due to the presence of aromatic acids, flavonoids, esters, flavone, flavonol, volatile fractions of phenols, caffeic acid and its esters, cinnamic acid, terpenoids, and chrysin that are present in propolis resins. These bioactive compounds can further contribute

to antibacterial activity through a mechanism based on two parts, which described in Figure 6. It is known that, propolis represses the bacterial movement and enzyme activity. It exhibits bacteriostatic action towards different bacterial genera. It can also be bactericidal with high concentrations and is able to affect cytoplasmic membrane. The effect of propolis ethanolic extract (PEE) on the physiology of *Bacillus subtilis, Escherichia coli*, and *Rhodobacter sphaeroides*, was investigated [40]. *H. pylori*, is an important factor for gastrointestinal illnesses. This bacterium has the enzyme of peptide deformylase which catalyses the elimination of formyl group from the N-terminus of polypeptide chains. As the activity of this enzyme is fundamental for *H. pylori* existence, it is viewed as a promising helpful medication target. Caffeic acid phenyl ester (CAPE) is a competitive inhibitor of peptide deformylase.

Propolis combination with synthetic antibiotics allows dose reduction of the selected antibiotics and potentiates their effect. Italian PEE greatly increases the effect of gentamycin, ampicillin and streptomycin. It also moderates the action of vancomycin, chloramphenicol and ceftriaxone. No effect was observed when the PEE was used simultaneously with erythromycin. Furthermore, the PEE which comes from Australian bee suppresses the *s. aureus* growth although it has a low activity towards *p. aeruginosa*. The synergism among Bulgarian, Brazilian propolis and the antibiotics (ciprofloxacin and norfloxacin) that dealing with DNA and the metabolism in *salmonella typhi* was investigated.



Anti-Fungal Activity

The antifungal activity is a function of the chemical variation of propolis [41]. A Poland PEE sample showed high fungicidal activity towards *C. albicans, C. krusei* and *C. glabrata*. French Propolis extracts were effective against *C. glabrata* and *C. albicans* but less effective towards the *A. fumigates*. Brazilian PEE proved activity against different Candida strains (*C. guilliermondii, C. albicans, C. krusei,* and, *C. tropicalis* [42]. Red and green Brazilian propolis exhibits reasonable activity against various fungal species of *Trichophyton*. The Argentina propolis microparticles (PMs) and PEE have a good antifungal activity towards clinical yeast isolates, *C. albicans* and non-*C. albicans*. The action of different propolis extracts (PEE and propolis water extract (PWE)) as Fungicide was studied against three *C. albicans* morphotypes. It was shown that the PEE is the most effective.

Antiprotozoal and Antiparastic Activity

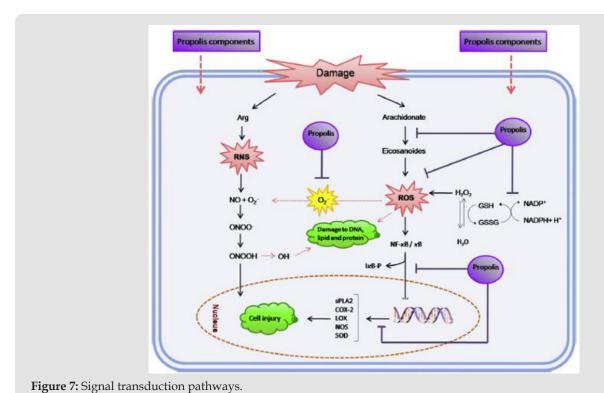
The ethanolic and dimethyl-sulphoxide extracts of propolis, were active against *Trypanosoma cruzi* [43].

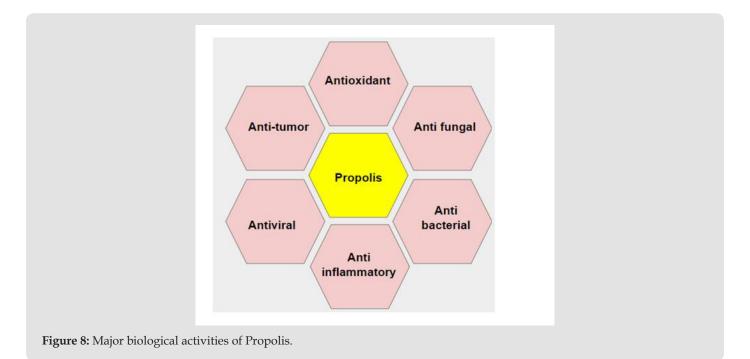
Antioxidant and Anti-Inflammatory Activity

The mediators such as vasoactive amines, eicosanoids, platelet aggregation factors, cytokines, kinins and free oxygen radicals are released through injured tissue during the inflammation process. The cytokines which are released from the active macrophages lead to vessel dilatation. During this stage, the phospholiases, cyclooxygenase (COX) and lipoxygenase (LOX) are activated by the phospholipids in cytoplasmic membrane. The activation of these enzymes affects the eicosanoid, arachidonic acid metabolism and generates the main inflammatory mediators. In addition, the reactive oxygen species (ROS) produced during the inflammatory process attacks the cellular components, thus destruct lipids, proteins, and DNA [44]. Also, ROS catalyzes NF-kB translocation in the nucleus and causes transcription of cyclooxygenase- 2 (COX-2), cytokines, nitric oxide synthase (NOS), phospholipase A2, superoxide dismutase. Therefore, it leads to the damage of the tissue. The anti-inflammatory activity of both the flavonoids and phenolic acids that found in the propolis comes from their antioxidative properties.

These bioactive compounds inhibit the activity of lipoxygenase, cyclooxygenase, NADPH-oxidase, tyrosine-protein kinase, ornithine decarboxylase, myeloperoxidase, decrease the levels of prostaglandins (PGE2) and leukotrienes [45]. Propolis overcomes the phosphorylation of inhibitor of κB binding protein ($I\kappa B\alpha$) and activator protein-1 (AP-1). Propolis is also capable to block the NF- κB activation. The mechanism of propolis protective effect during the oxidative stress is discribed in Figure 7. Flavonoids and phenolic

acids can be characterized by their strong antioxidant activity. This activity is related to the chemical structure of these compounds that can inhibit the activity of xanthine oxidase, ascorbic acid oxidase, protein kinase C, cyclooxygenase, cAMP phosphodiesterase, lipoxygenase and, Na+/K+ ATPase. These forbid the generation of ROS through scavenging, disturbing the reactions that result in lipid peroxidation, chelating metal ions, and potentiating the action of other antioxidants.





In Cuban propolis nemorosone is the most abundant compound that shows a good antioxidant capacity as reported by Cuesta-Rubio et al. Kangaroo island propolis ethyl acetate extract is rich with stilbenes that have a powerful antioxidant activity. The propolis of Anhui, China shows powerful scavenging activity due to the presence of caffeic acid and caffeate derivatives. The methanolic extracts of Algerian propolis were found to contain large amounts of flavanones, caffeic acid esters, galangin and kaempferol. They possess powerful scavenging action. The Romanian PEE decreased the concentration of malondialdehyde (MDA) and increased the activity of glutathione peroxidase. Turkish PEE has a good antioxidant activity that increases the catalase (CAT) activity and decreases the MDA levels. The compounds isolated from propolis have also revealed anti-inflammatory activity. Major flavonoids as galangin, chrysin and quercetin have reduced the PGE2 levels. This action occurred by reduction of COX and lipoxygenase expression. The quercetin, kaempferol, genistein, and daidzein inhibits activation of STAT-1 (signal transducer and activator of transcription 1) and NF-κB (nuclear factor kappa-light-chain-enhancer of activated B cells) that are important transcription factors for inducible NO synthase [46] (Figure 8). Caffeic acid inhibits the arachidonic acid production as well as COX-1 and -2 activities and many oxidases such as myeloperoxidase, lipoxygenase, ornithine decarboxylase and tyrosine kinase. The artepillin C found in Brazilian propolis inhibits the production of PGE2 [44].

Anti-Proliferative Activity

Propolis possesses an antitumor activity in animal models and cell cultures. This activity result from the propolis ability to inhibit the DNA synthesis in tumor cells, capacity to induce apoptosis and the ability in activating the macrophages to give factors capable of regulating the function of B, T and NK cells. The flavonoids of propolis play a protective role towards the toxicity of the chemotherapeutic agents and radiation in mice. They are promising to have similar protection effect in humans. Combination with an adjuvant antioxidant therapy can increase the effectiveness of chemotherapy via ameliorating the side effect on leukocytes, kidneys and liver and therefore enable the dose escalation. Aqueous extracts from Croatian and Brazilian propolis inhibit the growth of human cervical carcinoma. The chinese hamster lung fibroblast lines, decreased the number of lung tumor nodules in mice [47]. On the other hand, water extract of Japanese propolis inhibited murine S-180 sarcoma cells and the growth of transplanted tumors in mice [48]. Ethanolic extract of Brazilian propolis prevents colon cancer development in rats induced by 1,2-dimethylhydrazine (DMH) [49], reduce human prostate cell proliferation [50] and the growth rate of colon cancer lines as CaCo2, HT-29, HCT116, and SW480. The activity of the anti-colon cancer of Chinese propolis ethanolic extract was reported by Karapetsas et al.

Methanolic extract of Brazilian propolis has cytotoxic effect against human pancreatic cancer line PANC-1 [51].

Chrysin flavonoid constituent of temperate Propolis was found to disturb the cell cycle progression and cancerous cell division. It also decreases in expression of telomerase reverse transcriptase in human [52]. Beside chrysin the caffeic acid and guercetin have exhibited powerful cytotoxic effect on leukaemia cell lines [53]. Chrysin reduces the size and the number of preneoplasmic hepatic nodules that induced by diethylnitrosamine in rats. It also reduced the expression of COX-2, NF-KB [54]. A large number of flavonoids have antineoplastic activity. A flavanol from Mexican propolis showed action towards the A549 lung cancer. The HT-1080 fibrosarcoma cell line is stronger than 5-fluorouracil. Some terpenes from propolis have proved anticancer potential effect. Two cycloartanes from Burmese Propolis demonstrated strong cytotoxicity against A549, HT-1080, PANC-1 and HeLa. Manool and diterpene of the Greek propolis evidenced specific antiproliferative activity against the colon HT-29 cancer line [55].

Most of studied compounds of propolis against cancer are CAPE. Various studies have illustrated that CAPE has cytostatic and cytotoxic action against several cancer cell lines in both animal and human [56]. CAPE has specific antioxidant activity. It prevents the carcinogenesis by oxidative stress. It has been suggested to be template for the design of anticancer drug within this area [57,58]. Various cinnamic acid derivatives from Brazilian propolis investigated for anticancer activity included artepillin C, drupanin and baccharin [59]. These compounds showed cytostatic effect at low concentration on human gastric, colon cancer and leukemia cell lines [59]. In addition, artepillin C has wide apoptotic antineoplastic activity on human cancer cell lines and *in vivo* as reported by Kimoto et al.; Bhargava et al; Ferreira and Negri.

Other Important Activities of Propolis

Many investigations revealed useful results in diabetes with propolis. Application on encapsulation of propolis in type-2 diabetes mellitus has been reported to minimize the level of glucose in blood during fasting and also to increase the endogenous activity of insulin [60]. CAPE has also been proposed as an anti-diabetic agent. It greatly stimulates glucose uptake in cultured skeletal muscle cells [61]. Green Propolis of Brazil possesses anti-ulcer action in stomach and diabetic ulcers. It increases the epithelialization rates and reduces the ingress of pro-inflammatory neutrophils and macrophages [44,62]. Propolis of Australia has protective activity against sunburn and skin cancers. It reduces the cutaneous inflammation, immunosuppression and lipid peroxidation induced by UV exposure [63]. Other skin protection activity has been found by CAPE in several melanoma cell lines [64].

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