

# Gastric Inflammatory Myofibroblastic Tumor with Fludeoxyglucose (<sup>18</sup>F, FDG) Uptake on Positron Emission Tomography (PET): A Case Report and Literature Review

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## ABSTRACT

**Background:** Inflammatory Myofibroblastic Tumor (IMT) is a very rare neoplasm. When Endoscopic Gastroduodenoscopy (EGD) was performed, submucosal tumors of stomach were found incidentally. According to different sources of layer and echogenicity in the Endoscopic Ultrasonography (EUS) finding, submucosal tumors like carcinoid, pancreatic rest, Gastrointestinal Stromal Tumor (GIST), leiomyoma and schwannoma would be distinguished. However, IMTs are one of submucosal tumors in the stomach. We must put this impression in the differential diagnosis when performing EUS.

**Case Summary:** We present a 55-year-old woman without symptoms who received a health examination, and had a gastric tumor was found during EGD. Initial biopsies showed chronic inflammation. Positron Emission Tomography (PET) showed an increased Fludeoxy Glucose (FDG) uptake in the stomach. Endoscopic ultrasonography was also performed. After surgical intervention, pathological analysis identified an inflammatory myofibroblastic tumor. No recurrence was observed by EGD or a PET scan during the follow-up. The relevant literature from the PubMed database was reviewed, and the clinical presentation, laboratory data, treatment strategies and outcomes of 42 reported cases were analyzed. Forty-two patients with gastric IMTs showed a female predominance (female: male: 26: 16). The most common location of gastric IMTs were gastric bodies (18 of 42). The most common symptoms were abdominal pain (21 of 42). Only two cases were asymptomatic. Tumor recurrence was found in 3 cases after surgical intervention in the reviewed literature.

**Conclusion:** EUS is useful to identify submucosal tumor in the gastrointestinal tract. IMTs must keep in mind when performing EUS.

**Abbreviations:** CHD: Coronary Heart Disease; ACS: Acute Coronary Syndrome; SCD: Stable Coronary Heart Disease; HbA1c: Hemoglobin A1c; Lp(a): Lipoprotein a; Fbg: Fibrinogen; Hcy: Homocysteine; CRP: C-Reactive Protein; AS: Atherosclerosis; TG: Triglyceride; FBG: Fasting Blood Glucose

## Introduction

Inflammatory Myofibroblastic Tumor (IMT) is a very rare neoplasm usually seen in young people and children [1]. While the lung is the most common site [2]. IMT is rarely observed in the stomach especially in adults. Gastric IMTs, which shows a female

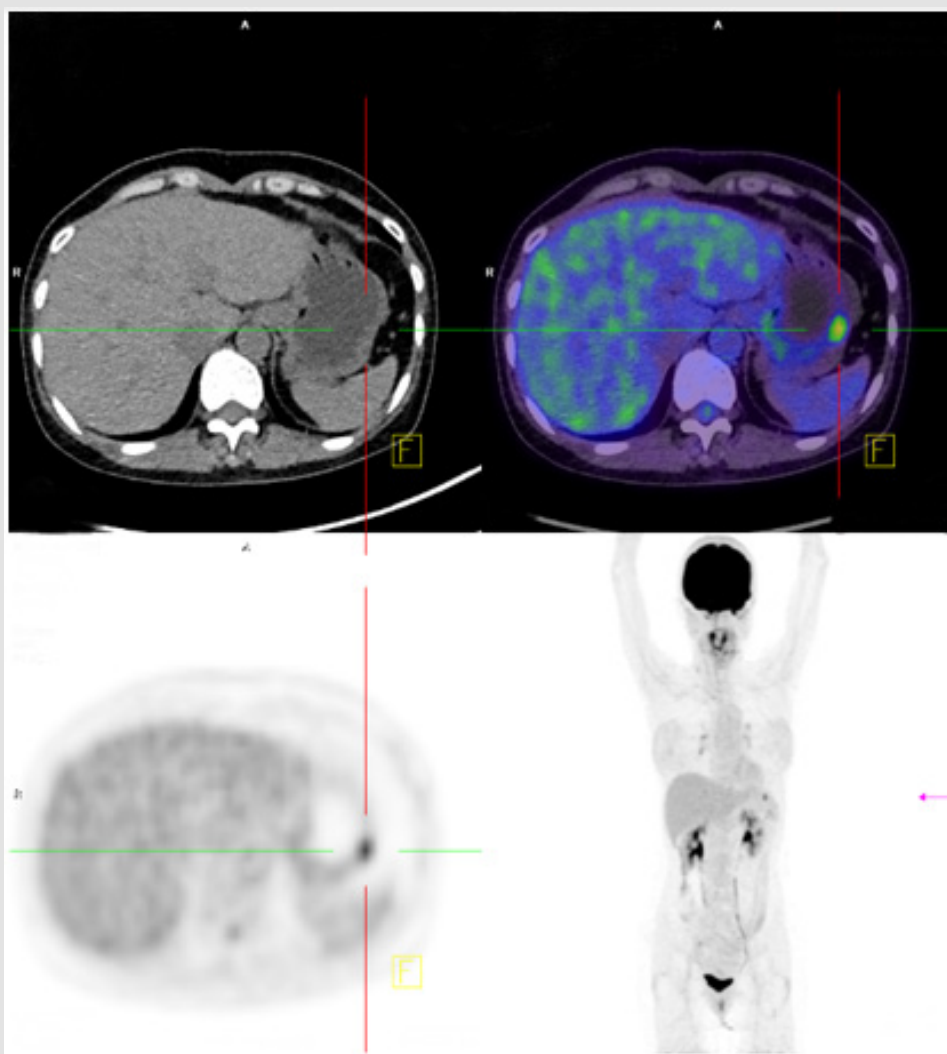
predominance, may present with a variety of symptoms depending on the location of the tumor. The difficulty in radiologically differentiating between malignant and benign lesions imposes another clinical challenge to clinicians. In this report, we present a case of a gastric IMT in an asymptomatic woman.

## Case Presentation

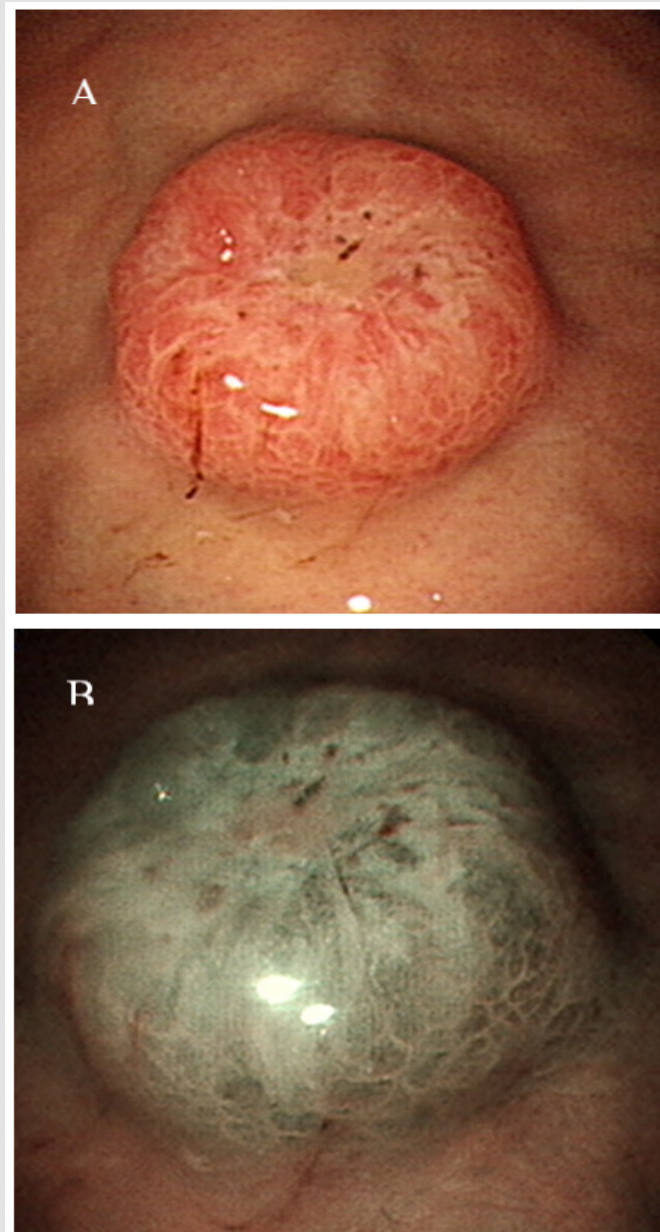
### Brief history

A 55-year-old woman without known systemic disease underwent a physical check-up in May 2014. Basic laboratory studies gave normal values (Hb: 12.3gm/dL, WBC: 7100/ $\mu$ L, INR: 1.09). Besides, liver and renal functions as well as levels of tumor markers including CEA, CA199, alpha-fetoprotein were within normal limits. There were no abdominal discomfort, no nausea or vomiting, no weight loss or other discomfort recently. No hypertension or diabetes mellitus were found in her family history. She was allergy to pyrine. No surgical history was found. On the other hand, PET scan showed increased Fludeoxy Glucose (FDG) uptake over the greater curvature of the stomach (Figure 1). Endoscopic gastroduodenoscopy revealed a reddish tumor with central depression about 1cm over the greater curvature of mid-

body (Figures 2a & 2b). Endoscopic ultrasound study demonstrated focal thickening of muscular layer with loss of layering over the first, second and third layers (Figure 3) for which biopsy was taken. Pathologic analysis showed chronic inflammation with infiltration of lympho-plasma cells. The initial impression was Gastrointestinal Stromal Tumor (GIST) or leiomyoma. After discussion with the pathologist, IMT was diagnosed. We discussed with patient about treatment for this tumor. The patient agreed to receive therapeutic endoscopy for tumor resection. After a futile attempt of local endoscopic resection due to technical problem, surgical intervention of subtotal gastrectomy with gastroduodenostomy was performed (Figure 4). After stabilization of general condition, the patient was discharged with regular follow-ups at the outpatient clinic. There was no evidence of tumor recurrence after following the patient for 24 months by endoscopic gastroduodenoscopy and PET scan. No adverse and unanticipated events were found during follow-up.



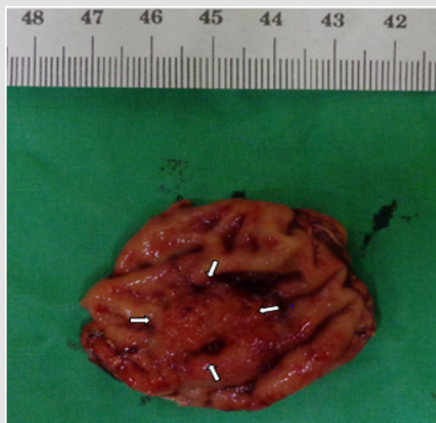
**Figure 1:** 1.21cm nodule (max SUV: 6.21, delayed SUV: 12.05) with increased FDG uptake was found above the greater curvature of the stomach. SUV: standard uptake value.



**Figure 2:** Tumor features by endoscopic gastroduodenoscopy. A: A 1 cm mass was found above the greater curvature of the mid-body (white light view). B: It is suspected to be a submucosal tumor in the Narrow Band Imaging (NBI) view.



**Figure 3:** Submucosal tumor, up to 1cm in size, with focal thickening of the muscular layer and loss of layering over the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> layers observed by endoscopic ultrasound (EUS).

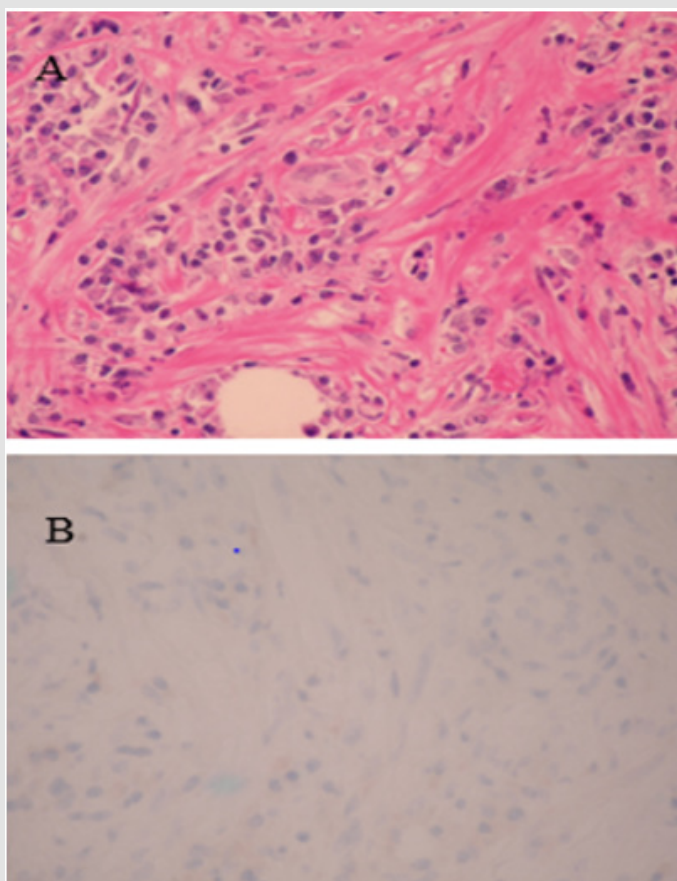


**Figure 4:** Frontal view of the tumor (white arrows).

### Pathology

Microscopically, the tumor was mainly located at the submucosa with an infiltrating border. The overlying mucosa was ulcerated. The tumor was composed of bland-looking myofibroblasts and

lympho-plasma cells within a fibrotic and collagenized stroma (Figure 5a). No abnormal mitotic figure or tumor necrosis was found. Immunohistochemical staining showed CD68-positive but ALK-negative myofibroblasts (Figure 5b). The diagnosis of an ALK-negative inflammatory myofibroblast tumor was made.



**Figure 5:** A: Features of the IMT by microscopy. A: The tumor is composed of bland looking myofibroblasts and lympho-plasma cells within a fibrotic and collagenized stroma. B: ALK staining was negative.

### Final Diagnosis

The final diagnosis was IMT which was origin from Muscularis propria layer.

### Outcome and Follow-up

After stabilization to general conditions, the patient was discharged with regular follow-ups at the outpatient clinic. There



was no evidence of tumor recurrence after following the patient for 24 months by endoscopic gastroduodenoscopy and PET scan. No adverse and unanticipated events were found during follow-up.

## Discussion

### Background Review

Inflammatory Myofibroblastic Tumor (IMT), also known as inflammatory pseudotumor, is rare [3]. IMT is usually seen in children and young adults with a slight male predominance (male: female, 1.4: 1) [4,5]. Gastric IMT, which has been found to show a female predominance (male: female = 1: 4) [6,7], is even rarer. Although the lung is most commonly affected, IMT has been reported to involve other organs such as the liver, pancreas, spleen, lymph node, breast, kidney, bladder, orbits, and central nervous system [8]. It has been hypothesized that IMT is associated with uncontrolled inflammation from Epstein-Barr virus, human herpesvirus-8, E. coli, H. pylori, or cytomegalovirus infections as well as gastroesophageal reflux disease [9]. Moreover, recent studies imply that some IMTs are related to IgG4 [10]. Although IMT may be asymptomatic, symptoms related to its location might be observed [5]. IMT has been reported to be associated with fever, malaise, weight loss, anemia, and thrombocytosis but can also be asymptomatic [5], depending on the location of the tumor in the stomach [11]. Gastric IMT may also spread to adjacent organs and cause various symptoms, which usually subside after tumor resection.

### Literature Review

All of the English literature in the PubMed database from January 1989 to December 2017 was searched using the key words "Positron emission tomography", "Gastric inflammatory myofibroblastic tumor", and "Inflammatory pseudotumor". The demographic (i.e., age and gender) and clinical manifestations,

laboratory findings, locations and sizes of tumor, pathological features of biopsied specimens, treatment strategies and follow-ups of the reported patients were reviewed. Non-English literature and reports on patients younger than 18 years of age were excluded. All statistical analyses were performed using commercially available SPSS software (version 15.0 for Windows; SPSS, Chicago, IL, United States). Data are expressed as the mean  $\pm$  SD. The results are summarized in Table 1.

### Patient Demography and Clinical Characteristics of Gastric Imts

A review of the patient demography, clinical manifestations, tumor characteristics, and treatments of 42 previously reported cases of gastric IMTs (Table 1) showed a female predominance (female: male, 26: 16) and a mean age of 29.83 $\pm$ 21.61 years (ranging from 4 months – 80 years old). The most common symptoms were abdominal pain, followed by vomiting (or nausea), body weight loss, hematemesis (or melena), fever, dysphagia, dyspepsia (or pyrosis), palpable abdominal mass, poor appetite or anorexia, and fatigue. The symptoms are related to the locations of the tumors. Laboratory studies revealed that anemia was the most common anomaly in these patients (22 out of 33). Other abnormalities included elevated Erythrocyte Sedimentation Rate (ESR), leukocytosis, elevated IgA, impaired liver function, elevated LDH, and elevated neuron-specific enolase. The most common location of tumors during endoscopic examinations was the gastric body (42.9%) (18 of 42). Other reported locations of gastric IMTs included the antrum, cardia, gastroesophageal junction, angle, and site of gastrojejunostomy. Chronic inflammation or inflammatory cells (5 of 13) was the most common finding upon pathological examination of biopsied specimens among the reviewed literature in which a biopsy was performed. (Table 2), possibly due to the subepithelial location of the tumor.

**Table 1:** Summary of the demographics and clinical characteristics of reported inflammatory myofibroblastic tumor (IMT) cases.

Authors	Age (years) / Sex	Manifestations	Laboratory data	Location	Size (cm)	Pathological features (Biopsies)	Treatment	Follow-up
This patient	55/F	No symptoms	Normal	GC side of middle body	1	Chronic inflammation	Surgical resection	No recurrence in 24 months by PET scan
Chow et al. [12]	27/M	Retrosternal pain and dysphagia	Normal	Gastroesophageal junction	7.0 × 4.0	Chronic inflammation	Surgical resection	No recurrence in 18 months by CT scan
Lee et al. [13]	42/F	Epigastralgia and melena	Anemia	AW of lower gastric body	5.5	NA	Surgical resection	NA
Fong et al. [14]	56/M	Epigastralgia	Normal	PW of the gastric body	10.0 × 6.0 × 9.0	NA	Surgical resection	NA
Al Hatlani et al. [15]	11/F	Weight loss, fatigue	Anemia	LC of the stomach	4.7 × 3.8 × 3.5	NA	Surgical resection	No recurrence in 18 months
Shah et al. [16]	80/F	Epigastric discomfort	Anemia	Prepyloric region	1.5	Erosive chronic gastritis and reactive epithelial-cell atypia	Endoscopic mucosal resection (EMR)	NA

Qiu et al. [17]	61/F	High fever with abdominal pain	Anemia	LC of the antrum	3.0 × 3.0	Inflammatory gastric mucosa	Surgical resection	No recurrence in 3 months
Jain et al. [18]	35/F	Fever with abdominal pain	Anemia	GC of gastric body, and abutting the pancreas	11.0 × 8.0 × 7.0	NA	Surgical resection	NA
Park et al. [19]	55/F	Abdominal pain	Anemia, elevated ESR	LUQ mass and attached to GC of the stomach	8.5 × 7.1 × 3.6	NA	Surgical resection	No recurrence when follow-up
Arslan et al. [20]	65/F	Dyspepsia, epigastralgia	NA	Antrum	7.5 × 10.0 × 11.0	NA	Surgical resection	No recurrence in 37 months
Bjelovic et al. [21]	43/F	Epigastralgia, nausea and pyrosis	NA	LC side near angle	2.5 × 1.7	Unclear hypercellular proliferation and inflammatory cells	Surgical resection	No recurrence in 24 months
Kojimahara et al. [22]	19/F	Vomiting and weight loss	NA	Beneath the cardiac region	9	NA	Surgical resection	No recurrence in 30 months
Kim et al. [6]	26/M	Abdominal mass	Normal	From lower Esophagus to gastric body	8	NA	Surgical resection	F/u 5 weeks with recurrence in the rectovesical pouch
Leon et al. [23]	50/F	Vomiting and weight loss	Normal	Near Gastrojejunostomy	7	Necrotic granulation tissue	Surgical resection	No recurrence in 24 months
Albayrak et al. [24]	56/M	hematemesis and melena	Anemia, leukocytosis	From the cardia and extending towards the pylorus	6	Normal mucosa	Surgical resection	No recurrence in 8 months
Ribeiro et al. [25]	37/F	Weight loss	Anemia	PW of lower gastric body	9.0 × 7.0 × 6.0	NA	Surgical resection	No recurrence in 5 months
Hirschburger et al. [26]	8mon/F	Vomiting	Normal	Bursa omentalis close to the gastric antrum	8.0 × 6.0 × 7.0	NA	Surgical resection	No recurrence in 36 months
Cho et al. [27]	2/M	Fever, poor appetite	Anemia	GC of fundus	9.0 × 7.0 × 6.0	Spindle cells and some atypical cells with a high N/C ratio	Surgical resection	No recurrence in 3 months
Riedel et al. [28]	4mon/F	Hematemesis	Anemia	From gastric cardia to gastric wall and spleen	4	NA	Surgical resection	No recurrence in 24 months
Marves et al. [29]	5/F	Melena	Anemia, Elevated IgA	Gastric fundus	6.0 × 8.0	NA	Surgical resection	No recurrence in 48 months
Marves et al. [29]	18mon/F	Fever and weight loss with LUQ mass	Anemia	Mass adherent to GC of stomach	NA	NA	Surgical resection	No recurrence in 11 months
Taratuta et al. [30]	5/F	Anorexia and vomiting	Leukocytosis, Anemia, Elevated ESR, liver function, LDH	From LC of stomach to omentum	7.0 × 6.0 × 5.0	NA	Surgical resection	No recurrence in 4 months
Kim et al. [31]	5/F	Vomiting and weight loss	Normal	From GE junction to LC of stomach	NA	NA	Surgical resection	No recurrence in 8 months
Hoseini-Azar et al. [32]	18/M	Nausea, weight loss, epigastric pain, fever	Anemia	From fundus with extension to the GC side	10	NA	Surgical resection	No recurrence in 9 months
Chen et al. [33]	50/F	Abdominal distension	Anemia	From the GC of stomach to upper spleen	22.0 × 13.0 × 8.5	NA	Surgical resection	No recurrence in 4 months
Fragoso et al. [34]	10/F	Gastrointestinal bleeding	Anemia	Prepyloric region	3	NA	Surgical resection	No recurrence in 15 years

Fan et al. [35]	37/M	Abdominal pain	Elevated neuron-specific enolase	Gastric antrum along the LC side	4.5 × 3.5	NA	Surgical resection	No recurrence in 6 months
Shin et al. [36]	16/F	Abdominal pain	Normal	Distal body of the stomach	4.0 × 3.5 × 2.5	NA	Surgical resection	No recurrence in 3 years
Ning et al. [37]	50/F	Epigastric pain	Normal	Gastric antrum	3	NA	Endoscopic submucosal dissection (ESD)	No recurrence in 2 years
Jumanne et al. [38]	9/F	Fever, weight loss, hematemesis, melena	Anemia	GC of the stomach infiltrating to the spleen	8.0 × 10.0	NA	Surgical resection	No recurrence in 6 months
Lazure et al. [7]	12/M	Abdominal pain, weight loss	Anemia, elevated ESR	PW of the gastric body to spleen	8	Suspect IMT	Surgical resection	No recurrence in 4 years
Lazure et al. [7]	11/M	Scapular pain	Anemia	Stomach to esophagus and left pulmonary hilum	12	Suspect IMT	Surgical resection + chemotherapy	Recurrence and died 11 months after diagnosis
Jadhav et al. [39]	18/M	Poor appetite, weight loss	Anemia, elevated ESR	LC of the stomach	9.0 × 9.0 × 7.0	Suspect GIST or leiomyoma	Surgical resection	No recurrence in 5 years
Kim et al. [40]	28/M	Hematemesis	Anemia	PW of the fundus	3.6	Spindle cell-type lesion	Surgical resection	No recurrence in 18 months
Noh et al. [41]	58/F	No symptoms	Normal	PW near the high gastric body	2.5 × 2.2 × 1.5	A type-undetermined mesenchymal tumor	Surgical resection	No recurrence in 3 months
Shi et al. [42]	36/M	Abdominal pain, abdominal mass	NA	LC of gastric antrum	4.5	NA	Surgical resection	No recurrence in 5 years
Shi et al. [42]	42/M	Abdominal pain, hematemesis and abdominal mass	NA	GC of gastric body	8	NA	Surgical resection (recurrence and received 2nd operation)	No recurrence after received 2nd operation for 2 years
Shi et al. [42]	40/M	Abdominal mass	NA	AW of gastric body	6.3	NA	Surgical resection	No recurrence in 3.3 years
Shi et al. [42]	45/M	Abdominal pain and abdominal mass	NA	Gastric angle	5.5	NA	Surgical resection	No recurrence in 2.6 years
Shi et al. [42]	40/F	Abdominal pain and abdominal mass	NA	PW of gastric body	5.8	NA	Surgical resection	No recurrence in 4 years
Katakwar et al. [43]	45/M	Weight loss and epigastric pain	Anemia	PW of gastric body	5.7×4.7	NA	Surgical resection	No recurrence when follow-up
Lee et al. [44]	5/F	Epigastric discomfort and vomiting	NA	Gastric fundus and body	4.0 × 3.0	NA	Surgical resection	No recurrence when follow-up

**Table 2:** Summarized clinicopathological features from the reviewed literature.

Parameter	Distribution of patients
Age	4 months – 80 years
	(mean ± SD: 29.83 ± 21.61)
Female: Male	26:16
Symptoms	n (%)
Abdominal pain and epigastralgia	21 (50)
Weight loss	11 (26.19)
Hematemesis and melena	10 (23.80)
Nausea and vomiting	8 (19.04)

Abdominal mass	7 (16.66)
Fever	6 (14.28)
Poor appetite	2 (4.76)
Dyspepsia and pyrosis	2 (4.76)
No symptoms	2 (4.76)
Dysphagia	1 (2.38)
Fatigue	1 (2.38)
Anorexia	1 (2.38)
Abdominal distension	1 (2.38)
Scapular pain	1 (2.38)
<b>Laboratory Data</b>	
Anemia	22 (66.66)
Normal	10 (30.30)
Elevated ESR	4 (12.12)
Leukocytosis	2 (6.06)
Elevated IgA	1 (3.03)
Impaired liver function	1 (3.03)
Elevated LDH	1 (3.03)
Elevated neuron-specific enolase	1 (3.03)
Tumor size: Range	1.0-13.0
<b>Location</b>	
Body	18 (42.85)
Antrum	6 (14.28)
LC side of stomach	5 (11.90)
GC side of stomach	5 (11.90)
Cardia	3 (7.14)
Gastroesophageal junction	2 (4.76)
Pyloric region	2 (4.76)
Angle	1 (2.38)
Gastrojejunostomy	1 (2.38)
Stomach to left pulmonary hilum	1 (2.38)
<b>Biopsied Specimen</b>	
Chronic inflammation, inflammatory cell, reactive gastritis	5 (38.46)
Spindle cell type lesion	2 (15.38)
Suspect IMT	2 (15.38)
Necrotic granulation tissue	1 (7.69)
Normal mucosa	1 (7.69)
Suspect GIST or leiomyoma	1 (7.69)
Undetermined mesenchymal tumor	1 (7.69)
<b>Treatment</b>	
Surgical resection	39 (92.8)
Surgical resection + chemotherapy	1 (2.38)
EMR	1 (2.38)
ESD	1 (2.38)
Follow-up	3 months – 5 years
No recurrence	35 (92.10)
Recurrence	3 (7.89)



The most common treatment for gastric IMT is surgery (40 of 42). The other two patients (2 of 42) were treated by endoscopic submucosal dissection (ESD) and endoscopic mucosal resection (EMR). One surgical patient (1 of 40) was treated by surgical resection plus chemotherapy. The range of follow-up was 3 months to 5 years. Tumor recurrence was found in three patients (3 of 42) with gastric IMT upon follow-up. One of these three patients was treated with surgical resection plus chemotherapy and died after tumor recurrence during follow-up. Tumor recurrence, including carcinomatosis, was found in another patient. The third patient had a 2<sup>nd</sup> surgical resection upon tumor recurrence. There was no recurrence after the 2<sup>nd</sup> operation during follow-up. Additionally, the findings of the female predominance, most common tumor site, and major treatment are compatible with previous studies [1,6,7-39]. The summarized clinical features are shown in Table 2.

**Radiological Diagnosis**

There is no radiological sign that serves as a diagnostic basis for gastric IMT [40-45]. Gastric IMTs have been reported to present as heterogeneous, lobar, calcified, cystic lesions on ultrasound and non-enhanced abdominal CT examinations [1], though they may manifest as homogeneous or heterogeneous lesions with central delayed enhancement and peripheral early filling [45,46]. Abdominal CT may help to determine the invasion of gastric IMTs to adjacent organs [6].

**Endoscopic Diagnosis**

The diagnostic role of Endoscopic Ultrasound (EUS) remains unclear in previous clinical settings. From the reviewed literature, EUS was only performed in a few patients. We identified patients who underwent EUS, and they are summarized in Table 3. Ten patients in the reviewed literature underwent EUS before surgical treatment. The most common feature in the EUS results was a hypoechoic mass (5 of 10). Other features such as a hyperechoic, heterogenous lesion were also reported in the reviewed literature. The most common IMT origin layer is the muscularis propria layer (7 of 10). The submucosal and subepithelial layers were also reported in the literature. The differential diagnosis of submucosal tumors arising from the muscularis propria layer included Gastrointestinal Stromal Tumor (GIST), leiomyoma, and schwannoma. Hypoechoic lesions observed through echogenicity were found in these submucosal tumors. According to the most common EUS results for IMT in the reviewed literature, IMT with a hypoechoic lesion arising from the muscularis propria layer might cause a differential diagnosis. To our best knowledge, this is the first article to discuss the features of IMT by EUS.

**Table 3:** Summarized EUS finding.

Author	EUS Finding	
	Features	Origin of Layer
This patient	Focal thickening lesion	Muscularis propria layer

Fong et al. [14]	Multicystic lesion	NA (origin from stomach)
Shah et al. [16]	Hypoechoic lesion	Submucosal layer
Qiu et al. [17]	Hypoechoic lesion	Muscularis propria layer
Bjelovic et al. [21]	Hypoechoic lesion	Muscularis propria layer
Hoseini-Azar et al. [32]	Non-homogenous mass with calcification	Muscularis propria layer
Fan et al. [35]	Solid protruding mass	Muscularis propria layer
Shin et al. [36]	Hypoechoic mass	Muscularis propria layer in histology
Noh et al. [41]	Heterogeneous and hyperechoic mass	Subepithelial layer
Katakwar et al. [43]	Heterogeneous mass	Muscularis propria layer

**PET Diagnosis**

In our patient, the diagnosis was based on positron emission tomography. Dong et al. has previously reported a mean SUVmax of 10.9±5.5 for IMT, ranging from 3.3 to 20.8 [47]. The wide variability, which is believed to be attributed to varying proportions of inflammatory cells in the tumor [47], renders PET suboptimal for differentiating IMTs from other tumors. By contrast, PET appears to be a useful tool for the follow-up of IMT relapse after treatment, which is typically reflected by an elevation of SUVmax. In our case, the SUVmax of the gastric IMT was 6.21. The four factors that have been found to affect the tissue uptake of fluorodeoxyglucose by PET include tumor cellularity, the biological behaviors of tumor cells, the composition and proportion of inflammatory cells, and the degree of inflammatory cell activation [47].

**Histological Features**

The typical histological features of IMT include myofibroblastic proliferation with lymphoplasmacytic infiltration in myxoid background stroma [48]. IMT is known to have the potential for malignant transformation and metastasis. Recurrence, which is not uncommon for incompletely resected lesions, has been reported to occur in 7% (3 in 38) of patients with a mortality rate of 5% (2 in 38) [49]. Local recurrence of IMT has been shown to be related to the rearrangement of the anaplastic lymphoma kinase (ALK) gene on chromosome 2p23 [4]. Indeed, chromosomal translocations of active ALK gene have been found in almost 50% of IMTs. Previous studies have indicated that ALK gene translocation, which may be associated with a higher recurrence rate, mostly occurs in children and young adults. By contrast, IMTs without an ALK gene translocation are mostly found in older people and are associated with distal metastasis. Moreover, cellular atypia, a ganglion-like cell morphology, aneuploidy, and overexpression of p53 have been reported to be associated with tumor aggressiveness [4,50]. Consistently, our patient showed no evidence of an ALK gene translocation. The positivity of staining for cytokeratin, laminin,

calponin, smooth muscle actin (SMA), muscle-specific actin (MSA), fibronectin, and desmin also varies in IMTs and cannot provide reliable diagnostic clues [12].

### Treatment Strategies and Prognosis

Complete surgical resection is the most efficient treatment for gastric IMTs. Among the gastric IMT patients, two were treated with endoscopic mucosal resection (EMR) and endoscopic submucosal dissection (ESD), while the rest underwent surgical resection. The indication of EMR or ESD for a particular patient was due to the relatively small size of the tumor together with its favorable location for the endoscopic approach. Incompletely resected IMTs have been reported to have a high one-year local recurrence rate [6,51] with an overall probability of recurrence up to 60% [5,52]. Survival after complete resection is 91% at 5 years and 77% at 10 years [51]. Partial resection may be considered when complete resection is inappropriate for selected patients with severe co-morbidities to whom radiotherapy or chemotherapy (cyclosporine, methotrexate, azathioprine, and cyclophosphamide) may be applied for the relief of symptoms [4,8]. Recent advancements in IMT treatment include the use of an anaplastic lymphoma kinase (ALK) inhibitor, which has been reported in two patients with abdominal and pancreatic IMTs with recurrence after surgical resection, one of whom showed a partial response. The other patient was withdrawn from the trial due to disease progression [53]. The benefit of including an ALK inhibitor as a standard therapeutic agent against IMTs remains to be elucidated.

### Conclusion

Albeit uncommon, the diagnosis of gastric IMT should not be ruled out upon encountering asymptomatic gastric tumors during endoscopic examination. Gastric IMT might give rise to a differential diagnosis when hypoechoic lesions arise from the muscularis propria layer by EUS. Although the major treatment for gastric IMT is surgical resection, due to the high recurrence rate for incompletely resected tumors, chemotherapy and radiotherapy may be considered for patients with unresectable lesions for symptom relief. Translocation of the ALK gene may play an important role and may be associated with outcomes. An ALK gene inhibitor might provide new treatment options for IMTs with recurrence in the future.

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