

Clavicle Fracture with Injury of Subclavian Artery and Brachial Plexus: Case Report

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ABSTRACT

Clavicle fractures are extremely common clinically, while complications of clavicle fractures are relatively uncommon. In this case report, we present a patient with the injury of both the subclavian artery and brachial plexus following a clavicle fracture.

Keywords: Clavicle Fracture; Subclavian Artery Injury; Brachial Plexus Injury

Introduction

Clavicle fractures are extremely common, accounting for up to 2.6-12% of all fractures [1-4] and 44-66% of all fractures about the shoulder. Clavicle fractures have several classification schemes [2,5-8] and are generally classified into three groups based on their locations [6]. Fractures of the middle third, or mid-shaft of the clavicle, classified as group I, are the most commonly encountered, accounting for up to 80% of all clavicle fractures [1,9]. Fractures of the distal third or acromial end of the clavicle, consisting of 15% of clavicle fractures, are classified as group II, and fractures of the medial third or sternal end are classified as group III, making up 5% of injuries. Complications of clavicle fractures are relatively uncommon and include mal-union, non-union, nerve paresthesia, brachial plexus neuropathy, thoracic outlet syndrome, pneumothorax, and vascular injuries [10]. Damage to the neurovascular structure associated with closed fractures of the clavicle is rare [11,12] and usually related to penetrating traumas [13-16]. In this case report, we present a patient with the injury of both the subclavian artery and brachial plexus following a clavicle fracture. Our case report is unique as it presents a combination of two rare complications of clavicle fractures.

Case Report

A 45-year-old man presented into the Emergency of our hospital after experiencing right shoulder pain with progressive motor and sensory dysfunction of right upper extremity. 12 hours before the presentation, the patient had a fallen accident while riding a bike. Diagnosed right middle third clavicle fracture with a bone fragment downward which was shown on X-ray in the local hospital, the patient progressively underwent a sensorimotor loss. Four hours after the accident, he appeared an aggravating numbness and motor dysfunction. Eight hours then, he lost the sensory and motor ability of the right upper extremity completely. Then the patient was transferred to our hospital for further treatment. Admission examination: swelling right shoulder, chest and neck, subcutaneous congestion and bruising, localized tenderness (+), and bone rubbing sign. Activity was limited in the right shoulder, right upper extremity sensation disappeared, right upper limb muscle strength level 0/5, right radial artery pulse unpalpated, right upper limb skin temperature normal. X-ray: right middle third clavicle fracture (Figure 1). Diagnosis: right clavicle fracture with nervous and vascular injury.

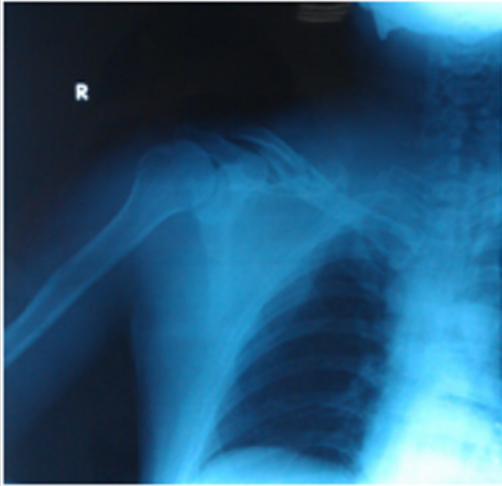


Figure 1: pre-operative X-ray (2013-3-18).

Treatment: Clavicular fracture with plate fixation, and subclavian artery, vein and brachial plexus repair. During the operation, we found right middle third clavicle comminuted fracture with four fragments and subclavian tissue swelling significantly, and we palpated the proximal arterial pulse while the distal arterial pulse was untouched. Thus, we deduced that the subclavian artery ruptured by the broken fracture that caused the distal artery stopped (Figure 2). We had proximal clavicular osteotomy to expose the blood vessels area. Once the blocked fracture was removed, the artery jetted out and blood pressure dropped sharply to 75/54mmHg, and the heart rate rose to 112beats/min. Immediately gauzes were packed to stop bleeding. With the help of the autologous blood transfusion and homotypic blood transfusion, we took the comminuted fracture block out, finding subclavian artery ruptured and brachial plexus injured severely. After subclavian artery anastomosis, patient blood pressure rose to 80/68mmHg, heart rate dropped to 105 beats/min and the right upper limb artery fluctuations can be touched.

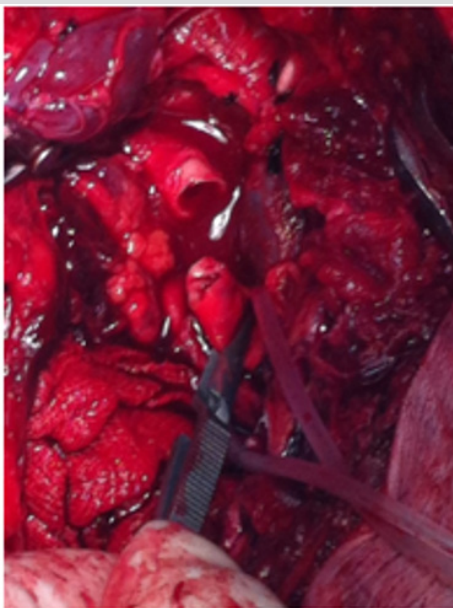


Figure 2: Ruptured subclavian artery during operation.

Then we reduced the fracture as a whole and fixed with clavicle locking plate. In total, blood loss was about 4500ml and blood transfusion were 3000 ml autologous blood transfusion and MAP 27U homotypic blood transfusion. Antibiotic, anticoagulation and neurotrophic drugs were used post-operatively. One month later, the patient's follow-up revealed no sign of neural recovery with motor and sensory complete dysfunction of right upper extremity. Right clavicle X-ray was seen in Figure 3. Right upper extremity vascular ultrasound showed: subclavian artery and vein normal. Electromyography for right up extremity demonstrated : right brachial plexus root damage, C5-7damage, C8-T1 stem damage. Thus, plate fixation and bone graft was performed after admission, and he was discharged from our hospital after symptomatic treatment for 8 days post-operatively. Right clavicle X-ray was performed post-operatively (Figure 4).



Figure 3: Post-operative X-ray.



Figure 4: Post-operative X-ray.

The patient sustained complete loss of sensation and motor power of his right upper extremity for six months after the second operation, and then the sensory and motor function was restored gradually. Follow-up X-ray of our hospital in November 2014 was performed (Figure 5). After that, he exercised his arm every day. He could hold some heavy stuff using his right hand in 2015 and his muscle strength resumed almost completely in 2016. He came

to the out-patient clinic in our hospital for follow-up in November 2017 (Figure 6) without any apparent chief complaint. Physical examination: right upper extremity hypoesthesia, right upper limb muscle strength level 5/5, right radial artery pulse palpated, five proximal interphalangeal joints straightening limitation (Figure 7a-7f). X-ray: right clavicle plate rupture (Figure 6). Electromyography:

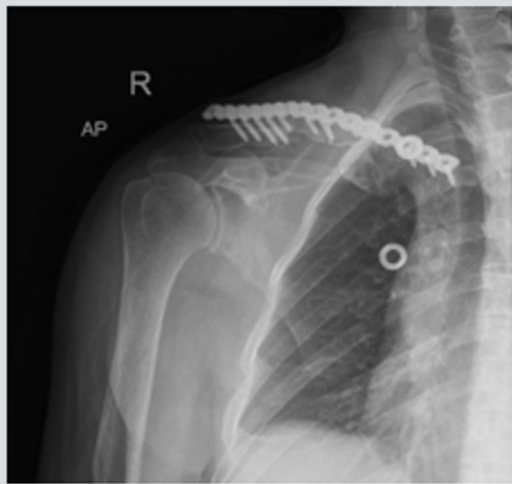


Figure 5: X-ray of 18 months follow-up.



Figure 6: X-ray of 51 months follow-up.

- a) Right upper extremity mcv: cmap amplitudes of right median nerve, right ulnar nerve, right radial nerve, right axillary nerve and right musculocutaneous nerve all decreased;
- b) right upper limb scv: right median nerve and right ulnar nerve were not detected
- c) needle electromyography: many positive sharp waves appeared in the right extensor pollicis brevis during resting state;
- d) Conclusion: neurogenic deficit of right upper limb (all brachial plexus injury).

Discussion

Clavicle fracture is one common clinical fracture, and the comminuted fragment may pierce subclavian vessels and nerves, which makes small odds for life salvage. Vascular complications of clavicle fracture are rare and are generally recognized as an early

complication due to transection of the vein by a displaced fracture of the mid-shaft or lateral end [16-18] or by a late complication [3,19], secondary to the compression caused by abundant callus formation. Brachial plexus injury following clavicle fracture is generally a delayed phenomenon occurring days, weeks and even months after the original lesion [20-23]. In this case, the neurological symptoms were progressing rapidly over a few hours. The fracture injured subclavian artery and the brachial plexus. Because the fragments inserted in the artery wall, vasomotoric symptoms were not that obvious at the time of injury. During the surgery, we found exposing the injured blood vessel and nerves directly was difficult, thus first step we truncated the proximal clavicular, therefore, finding the ruptured vessel and nerves could be easier. Secondly, we had subclavian artery anastomosis and then fracture reduction and fixation.

Some scholars reported that clavicle fracture with subclavian artery rupture needed exploratory thoracotomy [24], while in this article, we used the orthopedic incision to finish it with the help of vascular surgeon, yet with great difficulties and it required good skills and technique. It also avoided the great loss of blood and trauma from open chest operation, which was vitally important for life saving. Reviewing the treating process, we did not do the angiography exam before operation, thus blood loss was evaluated improperly, thanks for the sufficient preoperative blood preparation, and the utilization of autologous blood transfusion which provided important protection for saving.

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