

# Sentinel Ganglion

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## ABSTRACT

Sentinel lymph node technique is well known among physicians who treat breast cancer or melanoma but its role in colorectal cancer is still under investigation. We made an analysis of this simple technique that could be applied in order to make a more precise stadification of colon cancer.

## Objectives

To start in our hospital the sentinel node detection technique in colon tumors, using a blue methylene tint technique, in the operating room, once the specimen is removed from the patient as was well described by Sardon et al. [1,2]. The purpose of this technique is to raise the sensitivity in the diagnostic of lymph node metastasis in colon cancer, by performing intensive studies in the sentinel nodes.

## Methods

Consecutive colon cancer patients, candidates for surgical treatment were selected. The final sample was made of 43 patients. In the course of surgery once the specimen is removed, the ex-vivo blue methylene technique is performed. The blue methylene is injected into the tumour, using a total volume of 2 mL. The specimen is not opened. Thereupon the tumour is massaged for five minutes. Afterwards the sentinel nodes, now dyed, are sought in the mesocolon and then removed. The extracted lymph nodes are subjected to the OSNA (One Step Nucleic acid Amplification) technique, which has a high sensitivity in the detection of lymph node metastasis. This amplification method is being able to identify copies of RNAm of the cytokeratin CK19, which is plentiful in

tumour cells but absent in normal lymph nodes. For the rest of the lymph nodes in the specimen, conventional histopathological work up was performed.

## Results

The sentinel node was positive for metastasis in 6 cases, in which only one of them the conventional studies were negative. The sentinel node was negative in 37 cases, in 7 of these cases the conventional histopathological workup detected metastasis. As a result of that, a sensitivity of 42% and a specificity of 96% is concluded for our sample. The positive predictive value is 83% and predictive negative is 81% in our sample.

## Discussion

Although sentinel lymph node technique is well known among surgeons and pathologist since 1960 [3], its application in colon cancer remains controversial. The lymphatic drainage mapping in colon cancer is not defined, even more some authors think that is impossible to define it [4]. Our research ended up with very poor results trying to determine the first stage of drainage. We could not reproduce the results of other authors.

## Conclusion

The tested technique is simple and it's possible to carry out with it in any coloproctology unit, if OSNA procedure is available at the Pathology department. The achieved results are insufficient to conclude the usefulness of this technique.

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