

A Spiritual, Soul, Body Model as the Non-Biomedical Model

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Abstract

The value has transformed into focused on the materials and family destruction globally during the time of making extra efforts on the economics, the ten leading deaths of Taiwan includes cancer, depression mad suicide which has identified the unhealthy body, mind and spirituality. How could we alter, repair, and heal own spirituality to lessen the sinful minds, psychology, and emotion approaching the balanced status for further improving the healthy bodies? It is really a worthwhile discussion and research topic.

The Spiritual Soul Body Model

Hawkey [1] proposed a question as the interaction between the spirituality and soul of human beings, which means that the hurt spirituality could induce the sinful mind that might impact the psychology and emotion of human beings that she has called as soul. The hurt spirituality included spirituality of timid, imprisoned, tarnished, crush, sad, orphan, faint, and sinful minds included the un-forgiveness, resentment, angry, revenge, greedy, self-blame, jealous, bitterness, and the consequences would induce the anxiety, stress, fear, shame, and sorrow. Following the Hawkey [1] theory, Ku [2] proposed the hypothesis of spirituality, soul, and body model

that not only the hurt spirituality could induce the sinful mind that might impact the psychology and emotion of human beings, gradually it also impact the bodies of human beings, resulting in the toxin blood with reducing the immune system which caused the phenomena of sickness of human beings [3-8]. Instead of the traditional model of body, mind, spirituality, the mainstream of spirituality, soul, and body model is to hypothesize the spirituality with the function of the scientific influences for the souls and bodies of human beings. Following (Figure 1) is the spirituality, soul, and body model [9-12].

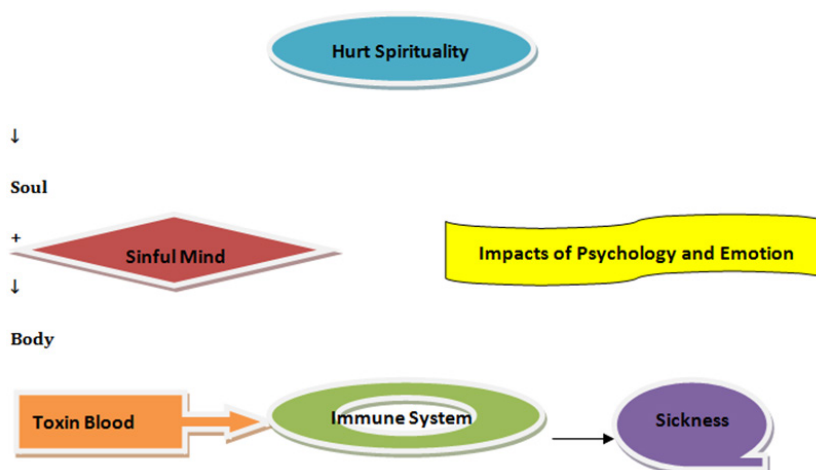


Figure 1: Spirituality, Soul, Body Model.

The Importance of Approving the Spiritual Soul Body Model

Nursing is a discipline connecting science with art as the professional field with the evidences-based knowledge. Therefore,

the importance of approving the spiritual soul, body model as following:

- a. If the spiritual, soul, and body model could be approved, the traditional model of body, mind, and spirituality could

be changed and transferred the healthcare professionals' perspectives toward valuing the spiritual health of the patients.

b. If the spiritual, soul, and body model could be approved, the patients could view their hurt spirituality and how it impacts their psychology and emotion, resulting in the uncomfortable symptoms.

c. If the spiritual, soul, and body model could be approved, healthcare professionals could design the individualized and personal-centered spiritual interventions to proof how those interventions to heal their spirituality of the patients as well as their souls and bodies.

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