A case report is a detailed report of the symptoms, signs, diagnosis, treatment, and follow-up of an individual patient. Case reports may contain a demographic profile of the patient, but usually describe an unusual or novel occurrence. Some case reports also contain a literature review of other reported cases.

Case reports submitted to BJSTR journal should make a contribution to medical knowledge and must have educational value or highlight the need for a change in clinical practice or diagnostic/prognostic approaches. Case report submissions will be assessed by the Editors and will be sent for peer review if considered appropriate for the journal. Authors should seek written and signed consent to publish the information from the patients or their guardians prior to submission.

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Results should be clear and should describe how the work was organized. Reproducibility of results should be indicated. It should be stated how many times an experiment was repeated and whether means or representative results are shown. Variability should be indicated statistically wherever possible; when error terms are given, the measure of dispersion and the number of observations should be stated. Statistical techniques used must be specified, and where necessary they should be described fully or a reference given. If results are expressed as percentages, the absolute value corresponding to 100% should be stated.

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